

# Dance Like There's No Tomorrow

**COPPER** **KNOB**  
BY STEPHEN HETS

拍数: 32                      墙数: 2                      级数: Intermediate  
编舞者: Michael Lynn (UK) - February 2008  
音乐: Dance Like There's No Tomorrow - Paula Abdul : (3:01)



(16 count intro - on heavy beat, 118bpm)

## WALKS x2, RIGHT KICK BALL CHANGE, KNEE POPS

1-2                      Step forward right, step forward left,  
3&4                      Kick right forward, step right beside left, step left in place (counts &4 should step slightly apart),  
5-6                      Pop left knee, pop right knee,  
7-8                      Pop left knee twice (keeping weight on right).

## FULL TRIPLE TURN LEFT, RIGHT CROSS ROCK, CHASSE RIGHT, HEEL GRIND 1/4, STEP x2

1&2                      Triple step full turn left, stepping - left, right, left,  
3-4                      Cross rock right over left, recover left,  
5&6                      Step right to right side, close left beside right, step right to right side,  
7&8                      Touch left heel forward(7), grind heel left as you make 1/4 turn left stepping right beside left (&), step left in place (8).

## CROSS-SIDE-TOGETHER x2, CROSS, TOUCH, SIDE SWITCHES

1&2                      Step right over left, step left to left side, step right beside left (angling body to right diagonal),  
3&4                      Step left over right, step right to right side, step left beside right (angling body to left diagonal),  
5-6&                      Cross right over left, touch left to left side, step left beside right,  
7&8                      Touch right to right side, step right beside left, touch left to left side.

## PADDLE 1/4 TURN RIGHT, SCUFF-HITCH-CROSS, TWIST 1/2, TWIST 1/2, SAILOR 1/2 TURN LEFT

1-2                      Step forward on left, pivot 1/4 turn right rocking weight onto right (circling hips),  
3&4                      Scuff left forward, hitch left, cross left over right,  
5-6                      Twist 1/2 right, twist 1/2 left,  
7&8                      Step left behind right making 1/4 turn to left, step right next to left making 1/4 turn to left, step forward on left.

## TAG (after walls 2, 4 & 6)

### WALKS x2, MODIFIED VAUDEVILLES, STEP, PIVOT 1/2 TURN

1-2                      Step forward right, step forward left,  
3&4&                      Cross right behind left, step left to left side, kick right to right diagonal, step right beside left,  
5&6&                      Cross left over right, step right to right side, kick left to left diagonal, step left beside right,  
7-8                      Step forward right, pivot 1/2 left.

## TOE-HEEL-CROSS, SHOULDER POPS, TOE-HEEL-CROSS, SHOULDER POPS

1&2                      Touch right toe to left instep, touch right heel to left instep, cross right over left,  
3&4                      Pop shoulders over 3 counts,  
5&6                      Touch left toe to right instep, touch left heel to right instep, cross left over right,  
7&8                      Pop shoulders over 3 counts.

## CHOREOGRAPHER'S NOTE'S

Alt Music: "The Girl Is Mine 2008 (03:12)" by Michael Jackson (24 count intro, 96bpm)

CD Single: "The Girl Is Mine 2008" by Michael Jackson

The alt music is slightly slower and a classic well known track revamped for 2008. If using this track no tag is

needed.

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