

Don't Get Hooked On Me

COPPER KNOB
BY STEPSHEETS

拍数: 56 墙数: 2 级数: Intermediate
编舞者: Lu Olsen (AUS) - February 2008
音乐: Baby Don't Get Hooked On Me - Blaine Larsen : (Album: Rockin' You Tonight)



(1-8) ROCK, REPLACE, ½ TURN, ROCK, REPLACE, ¼ SIDE, FWD, ¾ STEP FWD, R LOCK SHUFFLE FWD

1,2& Rock R fwd, Replace onto L, 180° Right turn and step R fwd,
3,4& Rock L fwd, Replace onto R, 90° Left turn and step L to Left
5,6 Step R fwd, 270° Left turn on R foot and step L fwd,
7&8 R lock fwd stepping R, L, R, [6.00]

(9-16) ROCK, REPLACE, ½ TURN, ROCK, REPLACE, ¼ SIDE, FWD, ½ PIVOT, L SHUFFLE FWD

1,2& Rock L fwd, Replace onto R, 180° Left turn and step L fwd,
3,4& + ++ Rock R fwd, Replace onto L, 90° Right turn and step R to Right +++
5,6 Step L fwd, 180° Right pivot turn,
7&8 L shuffle fwd stepping L, R, L [9.00]

(17-24) FWD, ¼ TURN, CROSS, SWAY, REPLACE, BEHIND, SIDE, CROSS, REPLACE, ¼, ½ BACK

1&2 Step R Fwd, 90° Left paddle turn, Cross R over L, [6.00]
3,4 Step L to Left and Sway L hip, Replace weight onto Right,
5&6 Step L behind R, Step R to right, Cross L over R,
7&8 Replace onto R, 90° Left turn and step L fwd, Further 180° Left turn and step R back [9.00]

(25-32) BACK DIAG, CROSS, BACK DIAG, SWEEP, SWEEP, R TOE BACK, REVERSE PIVOT, BACK ¼ LEFT SWEEP, BACK SHUFFLE/BRUSH

1&2 Step L back at 45°, Cross R over L, Step L back at 45°
3,4 Sweep R back, Sweep L back,
5&6 R toe back, 180° R reverse pivot, Step R back sweeping L into a 90° Left turn
7&8 Step L back, Step R beside, Step L back and brush R over L shin [12.00]

(33-40) R LOCK FWD, SWEEP/CROSS SHUFFLE, SWEEP TO FRONT, SWEEP TOE FWD, SWEEP TOE BEHIND, SIDE, CROSS

1&2 Right Lock fwd, R, L, R
3&4 Sweep L into a cross shuffle to the right stepping L, R, L,
5,6 Sweep R around and step in front of L, Sweep L toe around to the front (wgt on R)
7&8 Sweep/step L toe behind R, Step R to Right, Cross L over R, [12.00]

(41-48) FWD, ½ PIVOT, FULL R FWD TRIPLE TURN, ROCK FWD, BACK, BEHIND ¼, FWD

1,2 * * Step R fwd, 180° Left pivot turn (wgt L), ** End wall 2
3&4 Full Right turn fwd stepping R, L, R, [6.00]
5,6 Rock L fwd, Rock R back
7&8 Step L behind R, 90° Right turn Step R fwd, Step L fwd, [9.00]

(49-56) FWD, ½ PIVOT, FULL R FWD TRIPLE TURN, ROCK FWD, BACK, BEHIND ¼, FWD

1,2 # # Step R fwd, 180° Left pivot turn (wgt L), ## [3.00]
3&4 Full Right turn fwd stepping R, L, R,
5,6 Rock L fwd, Rock R back
7&8 Step L behind R, 90° Right turn Step R fwd, Step L fwd, [6.00]

Wall 2 dance to count 42 ** start Wall 3 to the front. (12.00)

Wall 4 dance to count 50 ## add the following 2 counts to face front Step R fwd, Lift L for a 90° Right pivot turn and step L fwdStart wall 5 to front (12.00)

Wall 6 starts at 6.00: Dance to count (12 &) +++ add the following to finish to the front

5,6 Step L fwd, 90° pivot Right turn,

7&8 Cross L over R, Step R to right, Cross L over R 12.00 Enjoy!
