

Looking 4 U

拍数: 64 墙数: 4 级数: Intermediate
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音乐: Looking for You - Kirk Franklin : (CD: Hero)



Start 32 counts from "Here's some pain medicine. Lets' go"

SIDE ROCK/REPLACE, BEHIND SIDE CROSS, SIDE ROCK/REPLACE, ACROSS SIDE BEHIND ¼ TURN

- 1-2-3&4 Rock right to right side, recover on left, cross right behind left, step left to left side, cross right over left
- 5-6-7&8& Rock left to left side, recover on right, cross left over right, step right to right side, cross left behind right, ¼ turn right stepping right forward

PIVOT ½ TURN, WALK, WALK, JUMP/FLICK, JUMP SWEEP/RONDE, BEHIND SIDE CROSS

- 1-2-3-4 Step left forward, ½ turn right taking weight on right, walk left forward, walk right forward
- 5-6-7&8 Jump left forward foot while flick right behind left knee, jump right back while sweeping left foot around in the air, cross left behind right, step right to right side, cross left over right

SIDE ROCK/REPLACE, BEHIND SIDE FORWARD, PIVOT ½ TURN, FULL TURN

- 1-2-3&4 Rock right to right side, recover on left, cross right behind left, step left to left side, step right forward
- 5-6-7-8 Step left forward, ½ turn right taking weight on right, ½ turn right stepping left back, ½ turn right stepping right forward (weight on left)

HEEL JACK & TOUCH, HEEL JACK & CROSS, SIDE ROCK/REPLACE, BEHIND ¼ TURN STEP

- &1&2&3&4 Step left foot diagonally back, touch right heel diagonally forward, step right foot to center, touch left foot next to right, step left foot diagonally back, touch right heel diagonally forward, step right to center, cross left over right
- 5-6-7&8 Rock right to right side, recover on left, cross right behind left, ¼ turn left stepping left forward, step right forward, (weights on left)

TWIST, TWIST, COASTER STEP, PIVOT ½ TURN, JUMP/HITCH, JUMP/KICK

- 1-2-3&4 ¼ turn left twisting both heels right, ¼ turn right twisting both heels left, step right foot back, step left foot together, step right forward
- 5-6-7-8 Step left forward, ½ turn right taking weight on left, jump left forward foot while hitching right knee up, jump/stomp right to right side while kicking left to left side

BEHIND SIDE CROSS, SIDE ROCK/REPLACE, CROSS ½ TURN UNWIND, TOUCH BEHIND ¾ TURN UNWIND

- 1&2-3-4 Cross left behind right, step right to right side, cross left over right, rock right to right side, recover on left
- 5-6-7-8 Cross right over left, ½ turn left unwind taking weight on right, cross left over right, ½ turn left unwind taking weight on left

Restart from here on walls 2 and 5

OUT, OUT, BRONCO, BRONCO, SAILOR STEP, BEHIND SIDE FORWARD

- 1-2&3&4 Step right diagonally forward, step left diagonally forward, with weight on right heel/left toe: twist to face right, return (&3), with weight on left heel/right toe: twist to face left, return (&4)

5&6-7&8 Cross right behind left, step left to left side, step right to right side, cross left behind right, step right to right side, step right forward foot

ROCK FORWARD/REPLACE, ½ TURN, ½ TURN, STEP BACK, HOOK, SHUFFLE FORWARD

1-2-3-4 Rock right forward, ½ turn right stepping right forward, ½ turn right stepping left back

5-6-7&8 Step right back, hook left foot under right knee, shuffle forward left, right, left

RESTART on wall 2 & 5 after count 48
