

Minute By Minute

COPPER KNOB
BY STEPHEN

拍数: 32 墙数: 4 级数: Intermediate
编舞者: Mikael Mölsä (FIN) - February 2008
音乐: Minute By Minute - The Doobie Brothers : (CD: Minute By Minute)



Starting point: At about 0:11, at vocals.

Note: There is a RESTART on wall 7, where you dance the 24 counts (leaving off the last set of 8's, you'll be facing 3 o'clock) and restart the dance.

WIZARD OF OZ'S

1-2& Step right to right diagonal, lock left behind right, step right to right diagonal
3-4& Step left to left diagonal, lock right behind left, step left to left diagonal
5-6& Step right to right diagonal, lock left behind right, step right to right diagonal
7-8& Step left to left diagonal, lock right behind left, step left to left diagonal

ROCK STEP, ¼ RIGHT TURNING SHUFFLE, CROSS, SIDE, ½ LEFT TURNING SAILOR STEP

1-2 Rock right forward, recover weight back to left
3&4 Step right to right diagonal and turn 1/8 to right, step left next to right, step right to right diagonal and turn 1/8 to right
5-6 Step left across left, step right to side
7&8 Step left behind right, turn ½ to left by stepping right next to left, step left to left diagonal

TURNING HIP BUMPS THAT TURN A FULL BOX TURN TO LEFT

1&2 Turn ¼ to left and step right to side while bumping hips to right, then back to left, then to right again (weight ends up on right)
3&4 Turn ¼ to left and step left to side while bumping hips to left, then back to right, then to left again (weight ends up on left)
5&6 Turn ¼ to left and step right to side while bumping hips to right, then back to left, then to right again (weight ends up on right)
7&8 Turn ¼ to left and step left to side while bumping hips to left, then back to right, then to left again (weight ends up on left)

Note: You've completed your box-like full turn and should now be facing 9:00 o'clock.

BIG STEP BACK, DRAG, BALL CHANGE STEP FORWARD, SLIDE, TOGETHER, ½ LEFT TURNING SAILOR STEP

1-2 Large step back on right, drag left up to right
&3-4 Step back on left, step forward on right, step forward on left
5-6 Take a big step with right to right diagonal, touch left next to right
7&8 Step left behind right, turn ½ to left by stepping right next to left, step left to left diagonal

REPEAT