

Love Is Free

COPPER KNOB
BY STEPHEN

拍数: 32 墙数: 4 级数: Improver
编舞者: Audrey Watson (SCO) - February 2008
音乐: Love Is Free - Sheryl Crow : (CD: Love Is Free)



(32 Count Intro) –on main vocals

TWO Restarts: At the END of section 3 on walls 3 & 7

SECTION 1: STEP, KICK, JUMP BACK, TOUCH, 3/4 TURN BOX STEP.

1-2 Step fwd on right, kick left foot fwd.
&3-4 Jump back left then right shoulder width apart, touch left toe next to right foot. (Optional clap)
5-6 Step left to left side, turn 1/4 left stepping right to right side.
7-8 turn 1/4 left stepping left to l/side, turn 1/4 left stepping right to r/side.

Easier option

5-6 Step left to left side, touch right next left.
7-8 Turn 1/4 right stepping fwd on right, scuff left foot fwd.

SECTION 2: FWD ROCK, BACK CROSS HOLD, BACK SIDE CROSS, CHASSE.

1-2 Rock fwd on left, recover back on right.
&3-4 Step back on left, cross right over left, hold for a beat. (Clap hands)
5&6 Step back on left, step right to right side, cross left over right.
7&8 Step right to right side, close left next right, step right to right side.

SECTION 3: CROSS ROCK, CHASSE, CROSS UNWIND 1/2 TURN, BACK COASTER STEP.

1-2 Cross rock left over right, recover back on right.
3&4 Step left to left side, close right next left, step left to left side.
5-6 Cross right over left, unwind 1/2 turn left.
7&8 Step back on left, step right next left, step fwd on left.

Restart the dance here from the beginning on walls 3 & 7

SECTION 4: STEP SCUFF, CROSS BACK SIDE, STEP 1/2 PIVOT X2.

1-2 Step fwd on right, scuff left foot fwd.
3&4 Cross left over right, step back on right, step left to left side.
5-6 Step fwd on right, pivot 1/2 turn left.
7-8 Step fwd on right, pivot 1/2 turn left.

Start again