

Don't Stop

拍数: 64 墙数: 2 级数: Intermediate / Advanced
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音乐: Don't Stop the Music - Rihanna



CROSS TOUCH, JAZZ BOX ¼ TURN, ROCK STEP & CROSS

1-2 Cross right over left, touch left to left side
3-4-5 Cross left over right, step right back ¼ turn left, step left to left side
6-7 Rock forward right, recover to left
&8 Step right slightly back, cross left over right

STEP DRAG & STEP, BACK ROCK, CHASSE RIGHT

1-2-3 Step right ¼ turn left, step left to left side, drag right to left
&4 Step right beside left, step left to left side
5-6 Rock back right, recover to left
7&8 Step right to right side, close left to right, step right to right side

CROSS, BACK, SIDE, CROSS, STEP ¼, COASTER STEP & STEP

1-2 Cross left over right, step right slightly back
3-4 Step left to left side, cross right over left
5 Step back left ¼ turn right
6&7 Step back right, close left to right, step forward right (coaster step)
&8 Close left to right, step forward right

ROCK & ½ TURN, HEEL GRIND, HEEL & HEEL, MAMBO STEP &

1&2 Rock forward left, recover to right, step left ½ turn left (mambo ½ turn)
3-4 Grind right heel forward, recover to left
5&6 Grind right heel, recover to left, grind right heel
7&8& Rock forward left, recover to right, step back left, close right to left (mambo step &)

STEP, ¼ TURN SIDE ROCK & TOUCH, CROSS TOUCH, BACK TOUCH

1-2-3 Step back left, turning ¼ turn right rock right to right side, recover to left
&4 Close right beside left, touch left to left side
5-6 Cross left over right, touch right to right side
7-8 Step back right, touch left to left side

(&) STEP, HOLD & STEP, SLOW MAMBO STEP, ½ TURN SHUFFLE

&1-2 Close left to right, step right foot forward, hold
&3 Close left to right step right forward
4-5-6 Rock forward left, recover to right, step back left (slow mambo step)
7&8 Turning ½ turn right shuffle forward right, left, right

HIP BUMPS LEFT & RIGHT, KICK BALL TOUCH TWICE

1&2 Stepping left slightly forward bump hips left, right, left
3&4 Stepping right slightly forward bump hips right, left, right
5&6 Kick left foot forward, step onto ball of left foot, touch right to right side (kick ball touch)
7&8 Kick right foot forward, step onto ball of right foot, touch left to left side (kick ball touch)

MAKE ¼ TURN, CROSS, SIDE, ½ TURN STEP, ¼ TURN ROCK STEP, & TOUCH &

1-2 Step left foot forward, turn ¼ turn right
3-4 Cross left over right, turning ¼ turn left step right back
5-6-7 Step left ¼ turn left, stepping ¼ turn left rock right foot forward, recover to left

&8&

Step right beside left, touch left toe forward (8), step left beside right

REPEAT
