

Up To My Ears

拍数: 36 墙数: 4 级数: Improver
编舞者: Christien van Londen (NL) - December 2007
音乐: Up to My Ears In Tears - Alan Jackson : (Album: A Lot About Livin' A Little 'Bout Love)



(16 count intro)

Walk Forward x2, Side Rock & Cross, Side, Behind, Side & Cross.

1-2 Step right forward, Step left forward.
3&4 Rock right to right side, Recover onto left, Cross right over left.
5-6 Step left to left side, Cross right behind left.
7&8 Rock left to left side, Recover onto right, Cross left over right.

Touch, Scoot Back, Step Back, Coaster Step, Rock Forward, Recover, 1/2 Turn Shuffle.

1&2 Touch right toe behind left heel, Scoot back on left while hitching right leg, Step right back.
3&4 Step back on left, Step right beside left, Step forward on left.
5-6 Rock forward on right, Recover onto left.
7&8 Shuffle ½ turn over right shoulder with R.L.R.

Cross, 1/4 Turn Left, Coaster Step, Right Heel Step, Step Side, Cross Shuffle.

1-2 Cross left over right, turn ¼ left while stepping back on right foot.
3&4 Step back on left, Step right beside left, Step forward on left.
5-6 Cross step right heel over left, Step left to left side as you grind right heel.
7&8 Cross right over left, Step left to left side, Cross right over left.

Rock Back Left, Recover, Step Forward Left, 1/2 Pivot Turn Right, Step Left Together. Hitch Steps Back x4.

1-2 Rock back on left, Recover onto right.
3&4 Step forward on left, & Make ½ Pivot Turn right, Step Left next to right.
&5&6&7&8& Hitch right knee up, Step right back, Hitch left knee up, Step left back, Hitch right knee up, step right back, Hitch left knee up, Step back, Hitch right knee up.

Point, Hook, Point, Flick, x2.

1&2&3&4& Touch right toe forward, Hook right foot over left shin, Touch right toe forward, Flick right heel out to right side. Touch right toe forward, Hook right foot over left shin, Touch right toe forward, and Flick right heel out to right side.

Start again