

Somebody Follow Me

COPPER KNOB
BY STEPHEN METZ

拍数: 64 墙数: 4 级数: Intermediate
编舞者: Heather Freeman (UK) - January 2008
音乐: Somebody - Eagles : (CD: Long Road Out of Eden)



(64 count intro)

Rock forward, coaster step, pivot 1/2 turn, shuffle forward

1 - 2 Rock forward on right rock back onto left
3 & 4 Step back right, step left beside right, step forward right
5 - 6 Step forward left pivot 1/2 turn
7 & 8 Step forward left, close right beside left, step forward left

Monterey 1/4 turn x 2

1 - 2 Touch right to right side. On ball of left make 1/4 turn right, stepping right beside left.
3 - 4 Touch left to left side, step left beside right
5 - 6 Touch right to right side. On ball of left make 1/4 turn right, stepping right beside left.
7 - 8 Touch left to left side, step left beside right

Side rock, crossing shuffle, 1/2 turn, crossing shuffle

1 - 2 Rock to right side on right, rock onto left in place
3 & 4 Cross right over left, step left to left side, cross right over left
5 - 6 Make 1/4 turn right stepping back on left, make 1/4 turn right stepping forward on right
7 & 8 Cross left over right, step right to right side, cross left over right

Side rock, crossing shuffle, 3/4 turn, shuffle forward

1 - 2 Rock to right side on right, rock onto left in place
3 & 4 Cross right over left, step left to left side, cross right over left
5 - 6 Make 1/4 turn right stepping back on left, make 1/2 turn right stepping forward on right
7 & 8 Step forward left, close right beside left, step forward left

Rock forward, coaster step, pivot 1/2 turn, shuffle forward

1 - 2 Rock forward on right, rock back onto left
3 & 4 Step back right, step left beside right, step forward right
5 - 6 Step forward left pivot 1/2 turn
7 & 8 Step forward left, close right beside left, step forward left

Jazz box 1/4 turn right x 2

1 - 2 Cross right over left, step back on left
3 - 4 Step right 1/4 turn right, step left beside right
5 - 6 Cross right over left, step back on left
7 - 8 Step right 1/4 turn right, step left beside right

Right side touch, rock back, left kick ball cross x 2

1 - 2 Step right to side, touch left next to right
3 - 4 Rock back on left, rock forward onto right
5 & 6 Kick left forward, step left slightly back, cross right over left
7 & 8 Kick left forward, step left slightly back, cross right over left

Left side touch, rock back, right kick ball cross x 2

1 - 2 Step left to side, touch right next to left
3 - 4 Rock back on right, rock forward onto left

5 & 6 Kick right forward, step right slightly back, cross left over right
7 & 8 Kick right forward, step right slightly back, cross left over right

Begin again.
