

# Shift It

拍数: 32      墙数: 4      级数: Beginner  
编舞者: Dave Munro (UK) - February 2008  
音乐: Shiftwork (feat. George Strait) - Kenny Chesney : (Album: Just Who I Am: Poets  
And Pirates)



Intro: 32 Counts.

**Right Step Side/Together/Side/Touch, Left Step Side/Together/Side/Touch.**

1-4            Step Right to right, step Left beside Right, Step Right to right, Touch Left beside Right.  
5-8            Step Left to left, Step Right beside Left, Step Left to left, Touch Right beside Left. (12:00)

**Right rock back/recover, 1/4 paddle, Right rock back/recover, 1/4 Paddle.**

1-4            Rock Right back, Recover forward Left, Step Right forward, Pivot 1/4 left (weight on Left)  
5-8            Rock Right back, Recover forward Left, Step Right forward, Pivot 1/4 left (weight on Left)  
(6:00)

**Weave, Left kick, Left 3 Count Box (1/4 turn left), Right kick.**

1-4            Step Right behind Left, Step Left to left, Step Right across Left, Kick Left to left fwd diagonal.  
5-8            Step Left across Right, 1/4 turn left step back on Right, Step Left in place, Kick Right to right  
fwd diagonal. (3:00)

**Right 3 Count Box, Left forward Shuffle, Right forward Shuffle, Left Rock side.**

1-3            Step Right across Left, Step Left back, Step Right beside Left.  
4&5           Step Left forward, Close Right beside Left, Step Left forward.  
6&7           Step Right forward, Close Left beside Right, Step Right forward.  
8              Rock on Left to left side. (3:00)

Begin again.

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