

# Hands Off!

**COPPER KNOB**  
STEPSHETS

拍数: 32      墙数: 4      级数: Intermediate  
编舞者: Maureen Jones (UK) & Michelle Jones (UK) - January 2008  
音乐: Piece of Me - Britney Spears : (CD Single)



Intro: 16 counts

## HITCH, BACK, LEAN BACK, RECOVER, HITCH-BALL-BACK, TOUCH BACK, ½ PIVOT

1-2            Hitch right, step right back  
3-4            Lean back onto right (bending right knee), recover forward onto left  
5&6           Hitch right, step right back, step left back  
7-8            Touch right back, pivot ½ turn right (weight on right)

## MAKE ¼ TURN, HIP BUMPS WITH GLANCES, BACK ROCK, TOUCH, ¾ SPIN TURN, STEP

9-10           Make ¼ turn right and bump hips left & look left, bump hips right & look right  
11&12        Bump hips left, right, left & look left  
13-14        Rock back on right, recover onto left  
15&16        Touch right forward, on ball of left spin ¾ turn left, step right to right

## CROSS, HITCH, TOUCH WITH HIP BUMP, HITCH, BACK, LOOK BACK WITH HIP SLAP, STEP

17-18        Step left across right, hitch right  
19-20        Touch right to right and push hips right, hitch right  
21-22        Step right back, look back and slap right hand on right hip  
(alternative option: count 22: look back and click right fingers back)  
23            Step left forward (looking forward)

## LOCK SHUFFLE, BRUSH-HITCH-CROSS, DIAGONAL BACK STEPS, CROSS, UNWIND ¾ TURN

24&25        Step right forward, lock left behind right, step right forward  
26&27        Brush left forward, hitch left, step left across right  
28-29        Step right diagonally back right, step left diagonally back left  
30-32        Touch right across left, unwind ¾ turn left over 2 counts (weight

Begin again.

---