

Carpe Diem

COPPERKNOB
STEPSHETS

拍数: 32 墙数: 4 级数: Improver
编舞者: Frida Axelsson (SWE) - January 2008
音乐: Carpe Diem - Helena Paparizou : (CD: The Game Of Love)



Intro: 64 counts.

Rumba box, mambo backx2

1 RF step right
& LF step beside RF
2 RF step fwd
3 LF step left
& RF step beside LF
4 LF step back
5 RF rock behind LF
& LF recover
6 RF step beside LF
7 LF rock behind RF
& RF recover
8 LF step beside RF

Cross shuffle, shuffle turn ½ left, shuffle turn ¼ left, heel, hook, step

1 RF cross over LF
& LF step left
2 RF cross over LF
3 LF step left, turn ¼ left
& RF step beside LF
4 LF step fwd, turn ¼ left
5 RF step right
& LF step beside RF
6 RF step right, turn ¼ left
7 LF touch heel fwd
& LF hook
8 LF step beside RF

Point back, unwind ¾ right, chasse left, mambo back, hold, & step right

1 RF point back
2 RF unwind ¾ turn right
3 LF step left
& RF step beside left
4 LF step left
5 RF rock back
& LF recover
6 RF step right
7 hold
& LF step beside RF
8 RF step right

Extended weave right, paddle turns

1 LF cross behind RF
& RF step right
2 LF cross in front of RF

&	RF step right
3	LF cross behind RF
&	RF step right
4	LF cross in front of RF
5	RF step fwd, turn 1/8 left
6	LF step beside RF
7	RF step fwd, turn 1/8 left
8	LF step beside RF

Begin again.

Tag after first wall:

1&2	right mambo fwd
3&4	left mambo back
5-6	step turn 1/2 left
7-8	step turn 1/2 left
