

Rebel Sailor

拍数: 32 墙数: 2 级数: Beginner
编舞者: Sharon Brizon (UK) - January 2008
音乐: Rebelde Amor - Belle Perez



Alt: Wave On Wave by Pat Green

Intro: 16 counts.

CHASSE, BACK ROCK (R&L)

1-2 Step right to right side. Close left beside right. Step right to right side.
3-4 Rock onto left behind right. Recover weight on right.
5&6 Step left to left side. Close right beside left. Step left to left side.
7-8 Rock onto right behind left. Recover weight on left.

HANDBAG STEPS FORWARD X 2, HANDBAG STEPS BACKWARD X 2

1-2 Step right foot forward to right diagonal. Touch left beside right.
3-4 Step left foot forward to left diagonal. Touch right beside left.
5-6 Step right foot backward to right diagonal. Touch left beside right.
7-8 Step left foot backward to left diagonal. Touch right beside left.

TOUCH FORWARD, TOUCH SIDE, SAILOR STEP (R & L)

1-2 Touch right toe forward. Touch right toe to right side.
3&4 Step right behind left. Step left in place. Step right to right side.
5-6 Touch left toe forward. Touch left toe to left side.
7&8 Step left behind right. Step right in place. Step left to left side.

MAKE ¼ PIVOT TURNS x 2, JAZZ BOX

1-2 Step right forward. Pivot ¼ turn left, changing weight onto left.
3-4 Step right forward. Pivot ¼ turn left, changing weight onto left.
5-7 Step right across left. Step back on left. Step right to right side.
8 Close left foot beside right.

Begin again.

Note: This dance can be used as an easier floor split with Rebel Amor for absolute beginners to practice sailor steps
