Country Blues

7&8 □



编舞者: Yvonne Krause (USA) - November 2007

音乐: Bob Away My Blues - Clint Black



FORWARD AND BACK TRIPLE STEPS 1 2 3&4 \square Rock forward on right foot, recover onto left, triple step, right left right. 5 6 7&8 □ Rock back on left foot, recover onto right, triple step, left right left. CROSS ROCK TRIPLE STEP 1/4 TURN, ROCK RECOVER, COASTER 1 - 2 \square Cross rock right over left, rock back onto left. 3&4 □ As you begin your triple step make a ¼ turn right, stepping right, left, right. 5 - 6 🗆 Rock forward on left foot, recover onto right. 7&8 □ Step back on left foot, step right beside left, step forward on left. RT AND LFT POINTS, RT AND LFT HEEL SWITCHES, ROCK RECOVER 1 - 2& 🗆 Point right foot to right side and hold. Bring right foot back next to left. 3 - 4& 🗆 Point left foot to left side and hold. Bring left foot back next to right. 5&6& □ Touch right heel forward, step right beside left, touch left heel forward, step left beside right. 7 - 8 🗆 Rock forward onto right foot, rock back onto left in place. SHUFFLE 1/2 TURN RIGHT, PIVOT TURN 1/4 RIGHT, CROSS AND CROSS, ROCK RECOVER TO SIDE 1&2 □ Shuffle making ½ turn right, stepping right, left, right. 3 - 4 🗆 Step forward left, pivot 1/4 turn to right. 5&6 □ Cross left over right, step right to right side, cross left over right. 7 - 8 🗆 Rock to right side on right foot, rock onto left in place. SAILOR STEP, SAILOR 1/4 TURN LEFT, HIP BUMPS Cross right behind left, step left to left side, step right in place. 1&2 □ 3&4 □ Cross left behind right. As you make ¼ turn left, step right to right side, step left to place. 5&6 □ Step forward right bumping hips right, left, right. 7&8 □ Step forward left bumping hips, left, right, left. KICK BALL CHANGE, ROCK RECOVER TO SIDE, BEHIND SIDE CROSS 1&2 □ Kick right forward, step right beside left, step onto left in place. 3&4 □ Kick right forward, step right beside left, step onto left in place. 5 - 6 🗆 Rock to right side on right foot, rock onto left in place. 7&8 □ Step right behind left, step left beside right, step right in front of left. KICK BALL CHANGE, ROCK RECOVER TO SIDE, BEHIND SIDE CROSS 1&2 □ Kick left forward, step left beside right, step onto right in place. 3&4 □ Kick left forward, step left beside right, step onto right in place. Rock to left side on left foot, rock onto right in place. 5 - 6 🗆 7&8 □ Step left behind right, step right beside left, step left in front of right. RIGHT HEEL GRIND W/1/4 TURN RIGHT, COASTER STEP, LEFT HEEL GRIND W/1/4 TURN LEFT, **COASTER STEP** Rock forward on right heel as you turn 1/4 to right, replace weight onto left. 1 - 2 \square 3&4 □ Step backward onto right, step left beside right, step forward onto right. 5 - 6 □ Rock forward on left heel as you turn ¼ turn to left, replace weight onto right.

Step backward onto left, step right beside left, step forward onto left.

