

Neon Jungle

COPPER KNOB
BY STEPHEN

拍数: 32 墙数: 2 级数: Intermediate
编舞者: Kathy Brown (USA) - January 2008
音乐: It's All How You Look at It - Tracy Lawrence : (CD: Strong, 2004)



Alt Music:

Monkey Around - Travis Tritt - CD, My Honky Tonk History 2004 (non-phrased) Intro: Travis - 16cts.

Rhythm: West Coast Swing

Intro: Tracy - 32cts.

STEP LEFT FWD, 1/2 TURN, LEFT COASTER, WALK FWD R,L, RIGHT ANCHOR

1-2 Step left forward (prep left toe left), turning 1/2 left step right back
3&4 Step left back, step right next to left, step left forward
5-6 Walk forward right, left
7&8 Step right slightly behind left, change weight to left, change weight to right (triple in place)

LEFT FULL TURN BACK, SWEEP/WEAVE RIGHT, RIGHT POINT, CROSS, LEFT POINT & POINT

1-2 Turning 1/2 left step left forward, turning 1/2 left step right back
(Easy option: walk back L, R)
3&4 Sweep left behind right, step right to side, cross left over right
5-6 Point right to side, cross right over left
7&8 Point left to side, touch left toe next to right, point left to side

LEFT CROSS, 1/4 TURN LEFT, LEFT SIDE SHUFFLE, CROSS ROCK, RECOVER, RIGHT SHUFFLE 1/4 TURN

1-2 Cross left over right, step right back turning 1/4 left
3&4 Step left to side, step right next to left, step left to side
5-6 Rock right over left, recover left
7&8 Step right to side, step left next to right, step right forward turning 1/4 right

LEFT ROCK, RECOVER, ANGLED LEFT TRIPLE BACK, RIGHT FULL TURN, RIGHT COASTER

1-2 Rock forward left, recover right
3&4 Step left back (angle body slightly left), cross/slide right over left, step left back (straightening to wall)
5-6 Turning 1/2 right step right forward, turning 1/2 right step left back
(Easy option: walk back R, L)
7&8 Step right back, step left next to right, step right forward

Begin again.

When using Tracy Lawrence use the sequence below:

RESTART SEQUENCE: 32 - 32- 32- 16 -32 - 32 - 16 - 32 rest of dance.

Restarts: Dance the 1st 16cts. of dance and restart from beginning.

End of wall 3, dance 16cts. - restart (12:00)

End of wall 6, dance 16cts. - restart (12:00)