

# Hare Ram

拍数: 88      墙数: 4      级数: Phrased Intermediate  
编舞者: Jennifer Choo Sue Chin (MY) - January 2008  
音乐: Bhool Bhulaiyaa - Neeraj Shridhar : (Title song for Bollywood movie Bhool Bhulaiyaa)



Hare Ram: pronounced as Ha Ray Rum

Phrasing:: Intro (3x8) AABC A-(24cts\*) AAAC A-(16cts\*\*) AAAC ABCCC

## Part A (32 counts)

### MAKE ¼ MONTEREY TURN, POINT BALL STEP, ROCK RECOVER, LEFT FULL TRIPLE STEP TURN

- 1-2 □ Point RF to R, ¼ turn R on ball of LF bringing RF next to LF (3:00)  
3&4 □ Point LF to L, bring LF next to RF, step RF fwd  
5-6 □ Rock LF fwd, recover on RF  
7&8 □ ½ turn L stepping LF on the spot, ½ turn L stepping RF on the spot, step LF on the spot (easier option: left coaster step)

### HIP ROLLS, CROSS ROCK RECOVER, ½ SAILOR CROSS

- 1-2 □ Step RF to R roll hips to the R (CW), Roll hips to the L (CCW) (This 2 counts completes a figure 8 motion) Arms: For counts 1-4, raise both arms above for a sexier Bollywood feel  
3&4 □ Bump hips to the R, Return hips to centre, Bump hips to the R  
5-6 □ Cross rock LF over RF, recover on RF  
7&8\* \* □ ½ turn L stepping LF behind RF, step RF to R, cross LF over RF (9:00)

\*\*At the 2nd restart, do a ¼ sailor cross instead to face the front wall.

### POINT, HOLD, SHOULDER JERKS, KICK BALL POINT, HEAD ROLL ¼ TURN LEFT

- 1-2 □ Point RF to R and Raise R palm (facing outwards) next to face with face towards palm, hold on count 2  
&3&4 □ Still in the same position - Jerk both shoulders forward and back twice  
5-6 □ Kick RF fwd, step ball of RF next to LF, point LF out to L  
7-8\* Head roll to the left with a ¼ turn left over 2 counts, stepping forward on LF on count 8 (6:00)  
\*1st restart after count 24, you'll be facing the back wall.

### STEP TOUCHES, PIVOT TURN, PIVOT TURN

- 1-2 □ Step RF to R, touch LF slightly behind RF

Arms: Throw arms high up on count 1, bring hands towards chest on count &, then throw both arms to the right on count 2.

- 3-4 □ Step LF to L, touch RF slightly behind LF

Arms: Throw arms high up on count 3, bring hands towards chest on count &, then throw both arms to the left on count 4.

- 5-6 □ Step RF forward, ½ turn left shifting weight on LF (12:00)  
7-8 □ Step RF forward, ½ turn left shifting weight on LF (6:00)

## Part B (24 counts)

### TURNING DOROTHY STEPS, APPLEJACKS TO THE RIGHT

- 1-2& □ Step RF diagonally to R, step ball of LF behind RF, step RF diagonally to R  
3-4& □ ¼ turn R step LF diagonally to L, step ball of RF behind LF, step LF diagonally to L  
5& □ Placing RF next to LF in a V shape, on heel of LF twist L toe to R and on ball of RF twist R heel to R,  
6& □ On ball of LF twist L heel to the right and on heel of RF twist R toe to R, On heel of LF twist L toe to R and on ball of RF twist R heel to R

7&8 ☐ On ball of LF turn L heel to the right and on heel of RF twist R toe to R, On heel of LF twist L toe to R and on ball of RF twist R heel to R, On ball of LF turn L heel to the right and on heel of RF twist R toe to R (keep weight on RF on count 8)

**Easier option: counts 5-8 can be replaced with jogging small steps to the right with both knees bent**

### **TURNING DOROTHY STEPS, APPLEJACKS TO THE LEFT**

9-16 ☐ Mirror image of counts 1-8 to the left

### **DOROTHY STEPS, SWAY HIPS**

17-18& ☐ Step RF diagonally R, step ball of LF behind RF, Step RF diagonally to R

19-20& ☐ Step Lf diagonally L, step ball of RF behind LF, Step LF diagonally to L

21-24 ☐ Sway hips R, L, R, L

**Arms: Sway both arms above head R, L, R, L**

### **Part C - Hare Ram (32 counts)**

#### **HARE RAM ARM MOVEMENTS**

1-4 ☐ With 3rd and 4th fingers folded in on both palms, straighten out both arms forward, and palms facing down. Cross right palm over left palm twice on counts 1-2 and switch left palm over right palm on counts 3-4

**Optional: Bump hips R twice on counts 1-2, bump hips L twice on counts 3-4**

5-8 ☐ With 2nd, 3rd and 4th fingers folded in on both hands, place right hand left of face with thumb pointing to the mouth, point left thumb to right pinkie

**On every count, rotate both hands back and forth while both hand move rightwards across the face: 6: Right thumb to Left pinkie, 7: Left thumb to Right pinkie, 8: Right thumb to left pinkie, the left thumb should be pointing to the right side of the face pointing to the mouth. These 4 counts signify playing of the flute.**

**Optional: Bump hips R, L, R, L on every count**

### **BOLLYWOOD SHIMMIES**

9-12 ☐ Keeping weight on LF throughout, shimmy diagonally right forward on counts 9-10, shimmy back on counts 11-12

13-16 ☐ Keeping weight on LF throughout, shimmy diagonally left forward on counts 13-14, shimmy back on counts 15-16

17-32 ☐ Repeat counts 1-16 again.

### **Ending:**

**In the final 3 C's, dancers can move freely around the dance floor doing counts 1-8 to look for a partner. On counts 9-16, do the Bollywood shimmies facing the partner. Then move around to the next partner on the next 8 counts and so forth. The shimmies can also be done in a group/circle.**

**Enjoy!**

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