

One True Flame

COPPER KNOB
BY SHEETS

拍数: 32 墙数: 2 级数: Intermediate
编舞者: Ria Vos (NL) - January 2008
音乐: One True Flame - Darin : (Album: The Anthem)



Intro : 16 Counts

Step Back, Sweep ¼ Turn L, Behind-Side Cross with ¼ Turn L, Cross Rock, Side, Cross, ¼ Turn L Step Back, Rock Back, ½ Turn R, ¼ Turn R

1-2 Big step back on R, sweep L into ¼ turn L cross L behind
&3 step R to R side, cross L over R- at the same time hitch R and turn ¼ L
4&5 Cross rock R over L, recover on L, big step R tot R side
6& Cross L over R, ¼ turn L step back on R
7&8& Rock L behind R, recover on R, ½ turn R step back on L, ¼ turn R step R to R side

Diagonal Step Forward, Step, ½ Pivot Turn L, Step, Walk, Rock Forward, Sailor Rock, Together, Cross

1 Step L forward on R diagonal (1:30)
2&3 Step R forward on R diagonal, pivot ½ turn L, step R forward on R diagonal (7:30)
4 Step L Forward on L diagonal (7:30)
&5 Rock R forward on R diagonal, recover on L and sweep R around
6& Cross R behind L, step L to L side (straighten up to 6:00),
7& Rock R to R side (sway hips), recover on L (sway hips)
8& Close R next to L, cross L over R

Side, Rock Back, ¼ Turn L Step Fwd, ¼ Turn L Rock Fwd, Repeat

1 Step R big step to R side
2& Rock L behind R, recover on R
3 Turn ¼ left step L forward
4& Turn ¼ left rock R forward, recover on L
5-8& Repeat counts 1-4&

Make ½ Turn R Step Fwd, Step Fwd, Step ½ Turn L, Prissy Walks, Cross Rock, Side Rock

1-2 Turn ½ right step R forward, step L forward
&3 step R forward, pivot ½ turn L weight on L
4-5 Prissy walk R over L, prissy walk L over R
6& Cross rock R over L, recover on L
7-8 Rock (sway) on R to right side, recover (sway) on L

Begin again.

Tag: At the end of wall 2 (12:00) & wall 5 (6:00)

Cross Rock, Side Rock

1-2 Rock R over L, recover on L
3-4 Rock R to R side, recover on L

(Optional) Ending: You will finish on count 1 in 4th section, turn full turn right on R, sweep L