

音乐: Angel - Robbie Williams



Note: Start dance after 8 counts (on vocals) at time track 00:07.

"A special thanks to Winston for bringing this beautiful music to our attention."

(1-8) BACK SLIDE, BACK, FULL LEFT TURN, ½ LEFT SWEEP TURN, SAILOR CROSS INTO ROCK, RECOVER, FORWARD COASTER

1 Slide left back taking a long step

2&3 Step right back, execute ½ turn left and then step left forward, execute another ½ turn left

and then step right back

4 Execute ½ turn left as you sweep left around

5&6 Cross left behind right, step right to right, cross rock left over right

7 Recover weight onto right

8&1 Slide left forward, slide right beside left, slide left back

(10-16&) ¾ RIGHT TURN, BEHIND ROCK, RECOVER, SIDE, ½ LEFT TURN, ½ RIGHT TWINKLE TURNING PATTERN, FULL RIGHT UNWIND TURN

2&3	Execute ¼ turn right and then step right to right, execute another ½ turn right and then step

left to left, cross rock right behind left

Recover weight onto left, step right to right, execute ½ turn left and then step left to left Cross right over left, step left to left, execute ½ turn right and then step right to right

8& Cross left over right, unwind full turn right

(17-24) CROSS ROCK, RECOVER, TOGETHER, ¼ LEFT TURN, FORWARD ROCK, RECOVER, TOGETHER, TRAVELLING BACK 1½ TURN LEFT, FORWARD ROCK, RECOVER

1-2& Cross rock over left, recover weight onto right, step left beside right

Execute ½ turn left and then rock right forward, recover weight onto left, step right beside left Execute ½ turn left and then step left forward, execute another ½ turn left and then step right

back, execute furthest ½ turn left and then rock left forward, recover weight onto right

(25-35) BACK, ¼ RIGHT, SYNCOPATED WEAVE, KICK-SWEEP, SAILOR CROSS, FIGURE '8' HIP ROLLS, ½ RIGHT TURN, FIGURE '8' HIP ROLLS, ½ RIGHT TURN

1& Step left back, execute ¼ turn right and then step right to right 2&3 Cross left over right, step right to right, cross left behind right

& Low kick right towards right diagonal into a sweep from front to back

4&5 Cross right behind left, step left to left, cross right over left

Sway left to left, sway right to right, sway left to left
Execute ½ turn right and then step right to right
Sway left to left, sway right to right, sway left to left
Execute ½ turn right and then step right to right

For better styling, roll hips in a figure '8' motion as you sway hips on counts 30&31 and 33&34.

(36-44) COASTER CROSS, SIDE, ½ LEFT TURN, FULL RIGHT PADDLE TURN INTO SWEEP, ½ LEFT TURNING TWINKLE PATTERN INTO SIDE ROCK, RECOVER

4&5	Step left back. st	ep riaht beside left.	cross left over right

&6 Step right to right, execute ½ turn left and then step left to left (preparing to turn right)

7& Execute ¼ turn right and step right forward, step onto ball of left in place 8& Execute ½ turn right and step right forward, step onto ball of left in place

- Execute ¼ turn right and then right forward as you sweep left around from back to front Cross left over right, step right to right, execute ½ turn left and then rock left to left 2&3 Recover weight onto right

RESTARTS

REPEAT

On the 2nd rotation, dance till the 24th count and begin dance again (i.e. 3rd rotation) from count 1 facing 3 O' Clock.

On the 5th rotation, dance till the 8&th count and begin dance again (i.e. 6th rotation) from count 1 facing 3 O' Clock.