

Runnin' Away With My Heart

COPPER KNOB
BY STEPHEN

拍数: 32 墙数: 2 级数: Improver
编舞者: Kumari Tugnait (UK) - January 2008
音乐: Runnin' Away With My Heart - Lonestar : (Album: From There To Here, Greatest Hits)



Intro: 32 counts.

RIGHT SIDE TOE STRUT, ROCK BACK LEFT RECOVER, LEFT SIDE TOE STRUT, ROCK BACK RIGHT RECOVER

- 1 - 2 Touch right toe to right side, step down on right
- 3 - 4 Rock back left foot behind right, recover on right
- 5 - 6 Touch left toe to left side, step down on left
- 7 - 8 Rock back right foot behind left, recover on left

GRAPEVINE RIGHT WITH A CROSS, RIGHT SIDE TOUCH, WEAVE BEHIND SIDE CROSS

- 1 - 4 Step right to right side, step left behind right, step right to right side, cross step left over right
- 5 - 8 Touch right toe to right side, step right behind left, step left to left side, cross step right over left

LEFT KICK BALL CROSS, STEP LEFT, HOLD, HEEL SWIVELS, RIGHT KICK BALL CHANGE

- 1 & 2 Kick left foot forward, step down on left, cross step right over left (travelling slightly left)
- 3 - 4 Step left to left side, hold
- 5 - 6 Swivel both heels to left, swivel both heels back to centre (weight ends on left foot)
- 7 & 8 Kick right foot forward, step down on right, step forward on left

ROCK FORWARD RIGHT RECOVER, HALF SHUFFLE TURN RIGHT, ROCK FORWARD LEFT RECOVER, LEFT COASTER STEP

- 1 - 2 Rock forward on right, recover on left
- 3 & 4 Step right to side making $\frac{1}{4}$ turn right, step left beside right, step forward on right making $\frac{1}{4}$ turn right
- 5 - 6 Rock forward on left, recover on right
- 7 & 8 Step back on left, step right together, step forward left

Begin again.