

Singing The Song

拍数: 32 墙数: 4 级数: Easy Intermediate
编舞者: Pim Humphrey (UK) - January 2008
音乐: This Is the Life - Amy Macdonald : (Album: This Is The Life)



Intro 16 counts.

Cross Rock, Side Rock ,Behind Side Cross, Side, Rock, Cross Shuffle

1&2& Cross Left Foot Over Right, Recover Onto Right, Step to side Left, Recover Onto Right
3&4 Step Left Behind Right, Step Side Right, Cross Left In Front of Right
5,6,7&8 Step Side Right, Recover Onto Left, Cross Right Over Left, Step Side Left, Cross Right over Left

Turn ¼, ¼, Left Shuffle, Side Together x2 Kick Ball Change

1,2 Turn ¼ Right Stepping Back on Left, Turn ¼ Right Stepping Forward On Right
3&4 Step Forward On Left, Bring Right Up to Left, Step Forward On Left
5&6& Touch Right To Side, Step Right Beside Left, Touch Left To Side, Step Left Beside Right
7&8 Small Kick With Right, Step On Right, Step On Left

Make ½ Turn Step Pivot, Right Shuffle, Sailor Step x2

1,2, Step forward On Right, ½ Turn Left Stepping On To Left
3&4 Step Forward On Right, Bring Right Up To Left, Step Forward On Right
5&6,7&8 Step Left Behind Right, Step Side Right, Step Side Left, Step Right Behind Left, Step Side Left, Step Side Right

Touch Out, In, Out, Behind, Side, Cross, Touch Out, In, Out, Behind, Turn ¼, Step

1&2 Touch Left Out To Left side, Touch left by Right, Touch left out to to left side,
3&4 Step Left behind Right, Step Side Right, Cross Left In front of Right,
5&6 Touch Right Out To Right side, Touch Right by Left, Touch Right Out To Right side,
7&8 Step Right Behind Left, Turn ¼ Left Stepping Forward Left, Step Forward On Right .

Begin again.
