

# Bam-A-Lam!

COPPER KNOB  
BY SHEETS

拍数: 64      墙数: 2      级数: Intermediate Funky Cha  
编舞者: Guyton Mundy (USA) & Joey Warren (USA) - January 2008  
音乐: Dangerous (feat. Wyclef Jean) - Ying Yang Twins



## Step back, Drag, Step, Cross and Cross, $\frac{1}{4}$ , $\frac{1}{2}$ , $\frac{1}{2}$ , $\frac{1}{2}$ , $\frac{1}{4}$ weight ending on right

1,2,3      Step L foot back diagonally to left, Drag R foot in to L, Step down on R  
4&5      Cross L over R, Step R to right side, Cross L over R  
6,7      Turn  $\frac{1}{4}$  left stepping back R (over rotate upper body), Turn  $\frac{1}{2}$  left stepping forward L  
8&1      Turn  $\frac{1}{2}$  left stepping back R, Turn  $\frac{1}{2}$  left stepping forward L, Turn  $\frac{1}{4}$  left stepping side R

## Hip Roll, Cross Rock, Recover $\frac{1}{4}$ , Step $\frac{1}{2}$ , Triple $\frac{1}{2}$

2-3      Roll hips back from left to right ending with weight on L  
4&5      Cross rock R over L, Recover on L, Turn  $\frac{1}{4}$  right stepping forward on R  
6,7      Step forward on L, Turn  $\frac{1}{2}$  right taking weight on R  
8&1      Turn  $\frac{1}{4}$  R stepping side L, Lock R back over L, Turn  $\frac{1}{4}$  R stepping back L

## Walk Backs x2, $\frac{1}{4}$ , $\frac{1}{4}$ , Forward, $\frac{1}{2}$ Pivot, $\frac{1}{4}$ Cross and Side

2,3      Walk back R, Walk back L  
4&5      Step back R, Turn  $\frac{1}{2}$  left stepping forward L, Step forward R  
6,7      Turn  $\frac{1}{2}$  left over 2 counts ending with weight on L  
8&1      Turn  $\frac{1}{4}$  to right stepping side R, Step L across R, Step side R

## $\frac{1}{4}$ Rock, Recover, $\frac{1}{4}$ Rock Recover, $\frac{1}{4}$ Rock, Recover, Side Step, Sweep $\frac{1}{4}$ , Behind, Forward, Step, Step, Lock

2&      Turn  $\frac{1}{4}$  right rocking forward on L foot, Recover weight back on R  
3&      Turn  $\frac{1}{4}$  left rocking side on L, Recover weight on R  
4&      Turn  $\frac{1}{4}$  right rocking forward on L foot, Recover weight back on R  
5-6      Step back on L and sweep R foot from front to behind L  
7&8&1      Lock R behind L, Step forward L, Step forward R, Step forward L, Lock R behind L

## $\frac{3}{4}$ Unwind, Side, Together, Push, Push, $\frac{3}{8}$ Triple Step (7:30 corner)

2-3      Unwind  $\frac{3}{4}$  turn to right ending with weight on L  
4&5      Step side R, Step together L, Step side R pushing into ball of foot  
6,7      Step side L pushing into ball of foot, Step side R pushing into ball of foot  
8&1      Triple step L-R-L over left shoulder ending at 7:30 corner

## Walks, Side Square Up, Shoulder Rocks, Hip Roll, Side Ball-Step

2,3,4      Walk forward R-L-R towards 7:30 corner  
5,6      Step side L squaring up to 6:00 wall, Bump hips to right  
7-8      Shift weight to L rolling hips counterclockwise back to front ending with weight on R foot  
&1      Step together L, Step side R

## Touch, Slow Motion Step, Walks, $\frac{1}{4}$ Side, Together, Side and Cross

2, 3-4      Touch L next to R, Pick up L foot and step forward L (think slow motion)  
5, 6      Walk forward R-L  
7&      Turn  $\frac{1}{4}$  left stepping side R, Step together L  
8&1      Rock side R, Recover weight to L, Cross R over L

## $\frac{1}{4}$ Step, $\frac{1}{2}$ Back, Side Rock, Recover, Cross, Side Rock, Recover, Cross, Side, Behind

2, 3      Turn  $\frac{1}{4}$  left stepping forward L, Turn  $\frac{1}{2}$  left stepping back R  
4&5      Rock side L, Recover weight to R, Cross L over R

6&7            Rock side R, Recover weight to L, Cross R over L  
8&             Step side L, Step R behind L

**Begin again.**

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