

The Journey Continues

COPPER KNOB
STEPSHEETS

拍数: 64 墙数: 2 级数: Easy Intermediate
编舞者: Mike Parkinson (WLS) - January 2008
音乐: The Journey Continues - Mark Brown



Start On Vocal - 00.32secs

SKATE, SKATE, ANCHOR STEP, CROSS, STEP BACK, SWAY LEFT & RIGHT

1, 2, 3&4 Skate forward Right, Skate forward Left, (Anchor Step) Rock Back Right, Rock Forward Left, Rock Back Right Slightly Behind Left

5, 6, 7, 8 Cross Step Left Over Right, Step Back Right, Step Left Swaying Left, Sway Right

LEFT SIDE, TOGETHER, (SCISSOR) SIDE-TOGETHER-CROSS

1, 2, 3&4 Step Left to Left Side, Step Right Together, Step Left to Left Side, Step Right Together, Cross Step Left Over Right

RIGHT SIDE, TOGETHER, (SCISSOR) SIDE-TOGETHER-CROSS

5, 6, 7&8 Step Right to Right Side, Step Left Together, Step Right to Right Side, Step Left Together, Cross Step Right Over Left

SIDE, BEHIND, CHASSE, X ROCK FORWARD, ROCK BACK, CHASSE R ¼ TURN

1, 2, 3&4 Step Left Side, Step Right Behind Left, (Chasse) Step Left to Left, Step Right Together, Step Left to Left Side

5, 6, 7&8 Cross Rock Right Over Left, Rock on Back Left, Step Right to Right Side, Step left Besides Right, Step Right ¼ Turn Right

LEFT SIDE, TOGETHER, (SCISSOR) SIDE-TOGETHER-CROSS

1, 2, 3&4 Step Left To Left Side, Step Right Together, Step Left to Left Side, Step Right Together, Cross Step Left Over Right

RIGHT KICK BALL CROSS, RIGHT KICK BALL CROSS

5&6 Right Kick Forward, Right Step Back, Left Cross Step Over Right

7&8 Right Kick Forward, Right Step Back, Left Cross Step Over Right

DIAGONAL FORWARD, TOUCH, DIAGONAL BACK TOUCH X2, SAILOR ¼ LEFT

1, 2, 3, 4, 5, 6 Right Forward Diagonal Right, Touch Left Together, Left Diagonal Back Left Touch Right Together, Right Back Diagonal Right, Touch Left together

7&8 Step Left Behind Right, Step Right to Right, Side, Step Left to Left ¼ Turn Left

DIAGONAL FORWARD, TOUCH, DIAGONAL BACK TOUCH X2, SAILOR ¼ LEFT

1, 2, 3, 4, 5, 6 Right Forward Diagonal Right, Touch Left Together, Left Diagonal Back Left, Touch Right Together, Right Back Diagonal Right, Touch Left Together

7&8 Step Left Behind Right, Step Right to Right, Side, Step Left to Left ¼ Turn Left

STEP PADDLE ¼, STEP PADDLE ¼, ROCK FORWARD, BACK, ½ TRIPLE RIGHT

1, 2, 3, 4 Step Forward Right, Left Paddle ¼ Turn Left, Step Forward Right, Left Paddle ¼ Turn Left

5, 6, 7&8 Rock Forward Right, Rock Back Left, ½ Turn RIGHT - Right, Left, Right

STEP PADDLE ¼, STEP PADDLE ¼, ROCK FORWARD, BACK, ¾ TRIPLE LEFT

1, 2, 3, 4 Step Forward Left, Right Paddle ¼ Turn Right, Step Forward Left, Right Paddle ¼ Turn Right

5, 6, 7&8 Rock Forward Left, Rock Back Right, ¾ Turn LEFT - Left, Right, Left

BEGIN AGAIN - DON'T FORGET TO SMILE

