

No One, No One, No One

COPPER KNOB
STEPSHEETS

拍数: 32 墙数: 4 级数: Intermediate
编舞者: Joe Steele (USA) - January 2008
音乐: No One - Alicia Keys : (CD: As I Am)



NIGHT CLUB TWO STEP TWICE, STEP ½ TURN, ½ TURN COASTER STEP ¼ TURN LEFT

1-2& STEP RIGHT TO RIGHT, ROCK LEFT BEHIND RIGHT, RECOVER ON RIGHT
3-4 & STEP LEFT TO LEFT, ROCK RIGHT BEHIND LEFT, RECOVER ON LEFT
5-6 -7 RIGHT STEP FORWARD AND PIVOT ½ TURN ON LEFT, ½ TURN STEPPING BACK ON
 RIGHT 12:00
8&1 STEP BACK ON LEFT, BACK ON RIGHT ¼ TURN LEFT STEPPING FORWARD ON LEFT
 9:00

STEP, COASTER HEEL JACK, STEP BACK CROSS ¼ TURN right, left COASTER

2 STEP RIGHT TO RIGHT
3&4 SMALL STEP BACK WITH LEFT, SMALL STEP BACK WITH RIGHT HEEL JACK LEFT
 HEEL
8&5-6 STEP LEFT BACK, CROSS RIGHT OVER LEFT STEP BACK ON LEFT ¼ TURN right 12:00
7 STEP BACK RIGHT
8&1 COASTER STEP LRL

R DIAGONAL STEP AND HIPS, L STEP DIAGONAL AND HIPS, RIGHT SIDE SHUFFLE ¼ TURN RIGHT

2&3 STEP RIGHT FORWARD DIAGONAL AND HIPS RLR
4&5 STEP LEFT FORWARD DIAGONAL AND HIPS LRL
6-7 ROCK FORWARD ON RIGHT BACK ON LEFT
8&1 ¼ TURN SHUFFLE TO THE RIGHT RLR 3:00

CROSS ROCK RIGHT, SHUFFLE LEFT, CROSS ROCK LEFT, RIGHT BALL STEP

2-3 CROSS ROCK LEFT DIAGONALLY OVER RIGHT, RECOVER ON RIGHT
4&5 SHUFFLE TO THE LEFT LRL
6-7 ROCK RIGHT DIAGONALLY OVER LEFT RECOVER ON LEFT
8& ROCK TO RIGHT QUICK RECOVER ON BALL OF LEFT FOOT

SMILE BECAUSE THERE ARE NO TAGS OR RESTARTS AND BEGIN AGAIN.
