

I Will Survive

拍数: 32 墙数: 2 级数: Beginner
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音乐: I Will Survive - Gloria Gaynor



Info: start the dance on the beat.

Walk, mambo step ½ turn right, walk, mambostep

1-2 Right step forward, Left step forward
3&4 Right rock forward, recover on Left, ½ right and Right step forward (6h)
5-6 LV voor, RV voor
7&8 Left rock forward, recover on Right, Left step beside Right

Shuffle backwards turn ½ right x 2, kick ball change x 2

9&10 ¼ right and Right side step, Left step beside Right, ¼ right and Right step forward (12h)
11&12 ¼ right and Left side step, Right step beside Left, ¼ right and Left step back (6h)
13&14 Right kick forward, Right on ball beside Left, Left step beside Right
15&16 Right kick forward, Right on ball beside Left, Left step beside Right

Pivot, shuffle, hip bumps

17-18 Right step forward, ½ left and weight on Left (12h)
19&20 Right step forward, Left step beside Right, Right step forward
21&22 Left step forward and bump hips 2 x left
23&24 Right step forward and bump hips 2 x Right

Touch forward, side, forward, hook and ½ turn left, shuffle, full turn

25-26 Left touch toe forward, Left touch toe to left side
27&28 Left touch toe forward, Left hook before Right and ½ left (6h)
29&30 Left step forward, Right step beside left, Left step forward
31&32 ½ left and Right step back, ½ left and Left step forward (6h)

Begin again.

BRIDGE: After wall 8 (when the beat stops)

1-2 Bend head back, both hands on forehead (ooooooooh)
3-6 hold for 4 counts
7-8 Straight head up, put weight on Left