

Stop

拍数: 32 墙数: 4 级数: Beginner
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音乐: Stop - Spice Girls : (CD: Spiceworld)



SIDE CROSS SIDE KICK TWICE

- 1-4 Step right to right, cross left over right, step right to right, kick left forward to left diagonal & throw arms in the air
5-8 Step left to left side, cross right over left, step left to left side, kick right forward to right diagonal & throw arms in the air

STEP BACK, TOUCH, STEP FORWARD, TOUCH, BACK LOCK BACK TOUCH

- 1-2 Step right back, touch left beside right & clap
3-4 Step left forward, touch right beside left & clap
5-8 Step right back, cross left over right, step right back, touch left beside right & clap

RESTART: form here on wall 9, changing count 8 to a step left beside right

STEP FORWARD, TOUCH, STEP BACK, TOUCH, STEP LOCK STEP SCUFF

- 1-2 Step left forward, touch right beside left
3-4 Step right back, touch left beside right
5-8 Step left forward, lock right behind left, step left forward, scuff right forward

JAZZ ¼ TURN RIGHT, JAZZ BOX

- 1-4 Cross right over left, step left back, ¼ turn right stepping right to right, step left beside right
5-8 Cross right over left, step left back, step right to right side, step left beside right

REPEAT

RESTART: There is one restart in the dance, DURING wall 9 (facing front) AFTER 16 counts
