

Dhoom! Dhoom!

拍数: 0 墙数: 0 级数: Phrased Intermediate
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音乐: Dhoom Dhoom - Tata Young : (Album: Dhoom Dhoom or Dhoom 04, Movie Soundtrack)



Intro: 48 Counts. (Right after the Rap).

Sequence: A,A-,B, A,A,A-,B, A,A-,Tag, A,A,A-,B.

SECTION A

STEP, TOUCH BEHIND, STEP, TOUCH BEHIND, CHARLESTON, ¼ TURN SAILOR CROSS

- 1-2 Step R foot to R side, Cross hands at wrists in front of face(1), Touch L foot behind R foot, Swing hands down & out(2),
3-4 Step L foot to L side, Cross hands at wrists in front of face(3), Touch R foot behind L foot, Swing hands down & out(4),
5-6 Swing R foot & touch forward, Swing R foot back, stepping on R foot,
7&8 ¼ Turn left, Sweeping back on L foot, Step R foot beside L foot, Step L foot across R foot

CROSS SHUFFLE, MAMBO ¼ TURN TOUCH, MAMBO R, MAMBO L

- &1&2 Step R foot to R side(&), Step L foot across(1), Step R foot to R side(&), Step L foot across(2),
3&4 Step R foot to R side, ¼ Turn left, Touch R foot next to L foot,
5&6 Look R, Step R foot to R side(5), Look fwd, Recover on L foot, Step R foot next to L foot, (with optional hand movements),
7&8 Look L, Step L foot to L side,(7) Look fwd, Recover on R foot, Step L foot next to R foot, (with optional Indian hand movements), (All A- (A minus) or Restarts, are at this point).

Optional - Indian hand movements for counts 5&6 and & 7&8, while doing the Mambo.

- 5&6 Place thumb & index finger tips together, (just like the "OK" sign), thru out, Look R, L hand above your head, palm facing fwd, R hand, stretched out at 3 o'clock, palm facing up(5), Look fwd, Bring both hands in front of chest, elbows bent(&6),
7&8 Look L, R hand above your head, palm facing fwd, L hand, stretched out at 9 o'clock, palm facing up(7), Look fwd, Bring both hands in front of chest, elbows bent(&8).

HEEL & HEEL & FWD SHUFFLE, FWD MAMBO, 2 STEP ½ TURNS

- 1&2& R heel fwd, Step back on R foot, L heel fwd, Step back on L foot,
3&4 R shuffle,
5&6 Step fwd on L foot, Recover back on R foot, Step L foot slightly behind,
7-8 ½ Turn R on R foot, ½ Turn R, stepping back on L foot,

R VAUDEVILLE, L VAUDEVILLE, KICK & ¼ TURN TOUCH, BUMP, BUMP

- 1&2& Cross R foot over L, Step L foot to L side, Place R heel fwd, Step R next to L foot,
3&4& Cross L foot over R, Step R foot to R side, Place L heel fwd, Step L foot next to right,
5&6 Kick R foot fwd, ¼ Turn R, stepping R foot to R side, Touch L foot to L side,
7&8 Bump L, Bump R, Bump L, transferring weight to L foot.

SECTION B – 16 Counts, repeated twice.

STEP, HOLD, STEP R NEXT TO L, BENDING KNEES, CROSS ROCK, RECOVER X 2

1-2 Step R foot to R side (keep weight on L foot), Hands raised up(1), Hold(2),
3-4 Step R foot next to L, bending knees, (keep weight on L foot)(3), Palms together, Hold(4),
5&6& Cross R foot, over L, Recover on L foot, Step R foot to R side, Recover on L foot,
7&8& Cross R foot, over L, Recover on L foot, Step R foot to R side, Recover on L foot,
(Optional: For counts 5-8, Raise arms, with elbows bent and pop shoulders – Bhangra style)

STEP, TOUCH ACROSS, STEP, TOUCH ACROSS, ½ TURN HIP ROLLS

1-2 Step R foot to R side, With index & middle fingers point'g thru out, throw hands out at sides, R hand points at 3 o'clock & L hand points at 9 o'clock(1), Bring hands together(&), Touch L foot across R foot, throw'g hands down, L hands points at 7 o'clock & R hand points at 5 o'clock(2),
3-4 Step L foot to L side, With index & middle fingers point'g, thru out, throw hands out to sides, R hand points at 3 o'clock & L hand at 9 o'clock(3), Bring hands together(&), Touch R foot across L foot, throw'g hands down, L hand points at 7 o'clock, R hand points at 5 o'clock(4),
5&6&7&8 1/8 Paddle turns, going left, with hip rolls, making a ½ turn.

Repeat the 16 Counts of Section B again, to make it 32 Counts.

TAG

1-3 Place palms together, knees slightly bent, lean upper body going CCW, left, down, right, straighten up, Making a circle.
5-8 Repeat the same thing, but go CW, start with right, down, left, straighten up.

An easier option is to move, clasped hands CCW, then CW.

THE FINISH:

On the last time on Section B, instead of the ½ paddle turn with hip rolls, make a full paddle turn. This will bring you to the front wall.

There is a big Boom sound right after the last 8 on Section B. Just put your palms together, knees apart & slightly bent and hold.

This dance has an Indian touch! It's easier then it looks. Look out for video clip.

ENJOY
