

Lost In The Shuffle

COPPER KNOB
STEPSHEETS

拍数: 40 墙数: 2 级数: Improver Cha
编舞者: Tim German (USA) - December 2007
音乐: Lost In the Shuffle - Michael Peterson : (CD: Michael Peterson)



WALK WALK, LOCK STEP (2 TIMES)

1-2 Walk right, left
3&4 Right lock step shuffle forward, right-left-right
5-6 Walk left, right
7&8 Left lock step shuffle forward, left-right-left

ROCK, RIGHT SAILOR ½ RIGHT TURN, STEP, KICK, RIGHT COASTER

1-2 Rock right, recover left
3&4 Right sailor step with ½ turn right, right-left-right (6:00)
5-6 Step left, kick right
7&8 Right coaster step, right-left-right

SIDE- TOUCH-FORWARD 2X, ROCK, ½ TURN LEFT

1-2 Left touch left, step left over right
3-4 Right touch right, step right over left
5-6 Step forward left, recover right
7-8 Step forward left ¼ left, step forward right ¼ left

PIVOT ½ LEFT, STEP, LOCK STEP, WALK WALK

1-2 Forward left ½ left, step forward right
3&4 Left lock-step shuffle, left-right-left
5-6 Walk right, left
7&8 Right lock-step shuffle, right-left-right

ROCK, LEFT SAILOR ½ LEFT TURN, PIVOT, FULL TURN

1-2 Rock forward left, recover right
3&4 Left sailor step ½ turn left, left-right-left
5-6 Step forward right, pivot ½ left forward left
7-8 Full turn left stepping back right, forward left (6:00)

Begin again.
