Dance Into The Night



拍数: 48 墙数: 2 级数: Improver

编舞者: Jason McCleave - December 2007

音乐: Into the Night (feat. Chad Kroeger) - Santana: (CD Single)



WALK, WALK, SHUFFLE FORWARD, ROCK, RECOVER, COASTER STEP

1-2 Walk right forward, walk left forward
3&4 Small shuffle forward (right, left, right)
5-6 Rock left forward, recover to right

7&8 Step left back, bright right next to left (shifting weight to right), step left forward

ROCK, RECOVER, SHUFFLE BACK, ½ TURN, FULL TURN, SHUFFLE FORWARD

1-2 Rock right forward, recover to left Shuffle back (right, left, right)

5-6 Make ½ turn over left shoulder, make a full turn over left shoulder

7&8 Shuffle forward (left, right, left) (6:00)

STEP, PIVOT, CROSS SHUFFLE, SIDE, TOGETHER, SIDE SHUFFLE

1-2 Step right forward, pivot ¼ turn to the left (3:00) 3&4 Cross shuffle right over left, traveling to the left

5-6 Step left to left side, slide right together with left (shifting weight to right)

7&8 Side shuffle to the left (left, right, left)

ROCK, SHUFFLE TURN, FULL TURN, SHUFFLE FORWARD

1-2 Rock right across left, recover to left

3&4 Shuffle (right, left, right) making ½ turn to the right (6:00)

5-6 Make a 2 count full turn to the right 7&8 Shuffle forward (left, right, left)

HIP BUMPS RIGHT, HIP BUMPS LEFT, COASTER

Step right forward, bump weight back to left, bump weight forward to right Step left forward, bump weight back to right, bump weight forward to left

5-6 Rock right forward, recover to left

7&8 Step right back, bright left next to right (shifting weight to left), step right forward

HIP BUMPS RIGHT, HIP BUMPS LEFT, COASTER

Step left forward, bump weight back to right, bump weight forward to left
Step right forward, bump weight back to left, bump weight forward to right

5-6 Rock left forward, recover to right

7&8 Step left back, bright right next to left (shifting weight to right), step left forward

REPEAT

RESTART: On the 5th wall, you will dance the first 16 counts, then there are 4 extra counts before resuming

1&2 Mambo step to the right3&4 Mambo step to the left

Resume from top of dance

RESTART: After the 1st restart, you will dance a full wall before beginning the next restart. You will dance the first 16 counts, then there are 8 extra counts before resuming

1&2 Mambo step to the right3&4 Mambo step to the left

5&6 Mambo step right forward7&8 Mambo step left back

Resume from top of dance