

Creamy

拍数: 32 墙数: 4 级数: Intermediate
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音乐: Cream - Prince : (CD: The Very Best Of Prince)



STEP, SPIRAL TURN RIGHT, FORWARD, MAMBO STEP, DIAGONAL, SHUFFLE BACK

- 1 Step forward on left foot
- 2 Make a full turn to right, weight ending on left
- 3 Step forward on right foot
- 4&5 Rock left foot forward, recover, step left foot next to right
- 6-7 Step right foot forward on the diagonal, step left foot in front of right (1:30)
- 8&1 Shuffle right back, left, right (7:30)

BACK, SWEEP, ¼ TURN LEFT, SHUFFLE FORWARD, ROCK STEP

- 2 Step left back foot, straightening up to face 12:00
- &3 Sweep right foot from front to back, step right foot behind left
- 4&5 Make a ¼ turn left and shuffle forward left, right, left (9:00)
- 6-7 Rock forward on right foot, recover back onto left
- 8&1 Rock forward on right, recover, rock forward right foot again

KICK, ¼ TURN LEFT, TOUCH, ¼ TURN RIGHT, ½ TURN RIGHT, SHUFFLE FORWARD

- 2& Kick left foot forward, turn a ¼ turn to left step left foot to left side (facing 6:00)
- 3 Touch right to toe right side
- 4 Put weight on right foot, make a ¼ turn to right (9:00)
- 5-6 Step forward on left foot, turn a ½ turn to right (3:00)
- 7&8 Shuffle forward left, right, left

Restart: On the 11th wall, replace counts 7&8 with two walks forward left, right, then restart from count 1

KICK, ¼ TURN RIGHT, TOUCH, DRAG, ¼ TURN LEFT WITH FLICK, MAMBO STEP, ROCK STEP

- 1& Kick right foot forward, turn a ¼ turn to right step right to right side (facing 6:00)
- 2 Touch left toe to left side
- 3 Drag left foot next to right
- 4 Step left foot beside right, make a ¼ turn left and flick right foot
- 5&6 Rock forward on right foot, recover, step right foot next to left
- 7-8 Rock left back foot, recover onto right foot

REPEAT

RESTART: On the 11th wall, replace count 23&24 with two walks forward left, right, then restart from count 1