

Time Is Tight

拍数: 32 墙数: 4 级数: Intermediate
编舞者: Diane Kale (USA) - November 2007
音乐: Snowflake Boogie - Edwin Starr : (CD: Jools Holland & His Rhythm & Blues Orchestra)



Intro: 32 counts.

(1-8) LOCK STEP, STEP LOCK, ROCK FORWARD, RECOVER, STEP BACK, TURN 1/4 LEFT

1-2-3-4 Step forward right, lock left behind right, step forward right, lock left behind right
5-6 Rock forward right, recover back onto left,
7-8 Step back right, turn 1/4 left, stepping left next to right [9 :00]

(9-16) STEP, PIVOT 1/2 LEFT, WALK, WALK, HIP BUMPS

1-2 Step forward right, pivot 1/2 turn left stepping forward onto left [3:00]
3-4 Walk forward right, left (funky walks)

Option: for 3-4 turn full turn left, (right, left)

5-6 Bump hips right 2 times
7-8 Bump hips left 2 times

Restart here: During wall 4.

(17-24) JAZZ BOX 1/4 RIGHT, CROSS, STEP, HEEL, STEP, TOUCH, STEP TOUCH

1-2-3-4 Cross right over left, step back left, right step 1/4 turn right, step left next to right [6 :00]
5&6 Cross step right over left, left step left, touch right heel forward
&7 Step right in place, touch left next to right
&8 Left step side left, touch right next to left

Optional styling: on &-8: Take big step left, drag right to left

(25-32) TOUCH FORWARD, TOUCH BACK, STEP PIVOT 1/4 LEFT, KICK, STEP, STEP, KICK STEP, STEP

1-2 Tap right heel forward, touch right toe back
3-4 Step right forward, pivot 1/4 turn left [3 :00]
5&6 Kick right diagonal right, [1:30], then facing [12 :00] step down on ball of right, step down on ball left
7&8 Repeat 5&6

On &7 and &8 swivel feet slightly and bend knees

Begin again.

Restart: When you start 4th rotation, you will be facing [9:00].

Dance the first 16 counts which will bring you to [12 :00] restart the dance here.