

Love Train

拍数: 48 墙数: 4 级数: Intermediate
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音乐: Love Train - Big & Rich : (CD: Horse Of A Different Color)



TOUCH, ¼ TURN, TOUCH, ¼ TURN, WALK FORWARD, ROCK, RECOVER

1-2 Touch right toe forward, turn ¼ turn left
3-4 Touch right toe forward, turn ¼ turn left (weight on left)
5-6 Walk forward right, left
7-8 Rock right forward, recover on left

UNWIND ½ TURN, HIP BUMPS, ROCK, RECOVER, UNWIND ½ TURN

1-2 Step right toe behind left heel, unwind ½ turn right
3&4 Hip bumps left, right, left
5-6 Right rock forward, recover on left
7-8 Step right toe behind left heel, unwind ½ turn right (weight on right)

TRIPLE SIDE TOGETHER, HIP BUMPS

1&2 Triple side together to left stepping left, right, left
3&4 Hip bumps left, right, left
5&6 Triple side together to right stepping right, left, right
7&8 Hip bumps right, left, right

LEFT DIAGONAL STEP, STEP, TOUCH, RIGHT DIAGONAL STEP, STEP, TOUCH

1-2 Step left forward to left diagonal, step right together
3-4 Step left forward to left diagonal, touch right toe next to left
5-6 Step right forward to right diagonal, step left together
7-8 Step right forward to right diagonal, touch left toe next to right

TRIPLE SIDE TOGETHER, HEEL TOUCH FORWARD, REPLACE, TWICE

1&2 Triple side together to left stepping left, right, left
3-4 Touch right heel forward, touch right toe next to left foot
5&6 Triple side together to right stepping right, left, right
7-8 Touch left heel forward, touch left toe next to right foot

VINE LEFT, ¼ TURN, RIGHT SCUFF, LEFT TOE TOUCH BEHIND RIGHT HEEL, STEP, TOUCH

1-2 Step left to side, step right behind left
3-4 Step left to side (while stepping ¼ turn left) scuff right forward
5-6 Step right forward, touch left toe behind right heel
7-8 Step back on left, touch right toe next to left

REPEAT