

Soul Light

COPPER KNOB
BY STEPHEN

拍数: 32 墙数: 4 级数: Intermediate
编舞者: Dougie D (UK) - December 2007
音乐: The Light In Our Soul - Helena Paparizou



KICK BALL CROSS TWICE, SIDE ROCK WITH ¼ TURN LEFT, SIDE ROCK

1&2 Kick right forward, step right beside left, cross left over right
3&4 Repeat steps 1&2
5-6 Rock right to right side, recover on left with ¼ turn left
7-8 Rock right to right side, recover on left

CROSS RIGHT OVER LEFT, STEP LEFT TO SIDE, SAILOR HEEL, CROSS LEFT OVER RIGHT STEP RIGHT TO SIDE, SAILOR HEEL

1-2 Cross right over left, step left to left side
3&4& Cross right behind left, step left beside right step right heel forward, step right beside left
5-6 Cross left over right, step right to right side
7&8& Cross left behind right, step right beside left, step left heel forward, step left beside right

DIAGONAL KICKS TWICE, ROCK TO RIGHT SIDE, RECOVER ON LEFT, CROSS SHUFFLE LEFT, SIDE CHASSE LEFT

1-2 Kick right diagonally forward, (across body) twice
3-4 Rock right out to right side, recover on left
5&6 Cross shuffle left, stepping right, left, right
7&8 Chasse left, stepping left, right, left

BACK ROCK, SHUFFLE ½ TURN LEFT, BACK ROCK, SHUFFLE FORWARD

1-2 Rock right back, recover on left
3&4 Shuffle ½ turn left, stepping right. Left, right
5-6 Rock left back, recover on right
7&8 Shuffle forward, stepping left, right, left

REPEAT
