

Without You

COPPER KNOB
BY STEPHEN

拍数: 0 墙数: 0 级数: Phrased Intermediate / Advanced
编舞者: Suzanne Phillips (USA) - November 2007
音乐: Can't Smile Without You - Barry Manilow : (CD: Even Now)



Sequence: Intro, A, TAG, B, B, A, B, B, A, B

Intro:

STEPPING IN FRONT OF EACH, 3 WALKS FORWARD ON THE WORDS "YOU KNOW I ..."

6-8 Step forward left, step forward right, step forward left

PART A

BIG SIDE, DRAG-CLOSE, 1/8 CROSS-SHUFFLE, SIDE-ROCK, RECOVER, CROSS-STEP, CLOSE

1-2 Right step big side right, left drag-close beside right

3&4 Right cross-step toward 10:30 with pointed toe, (travel in diagonal) left step behind right, right step forward

5-6 Left side-rock, recover on right to 12:00

7-8 Cross-cross left over right, step right to close

BIG SIDE, DRAG-CLOSE, 1/8 CROSS-SHUFFLE, SIDE ROCK, RECOVER, CROSS-STEP, SIDE-TOUCH

1-2 Left step big side left, right drag-close beside left

3&4 Left cross-step toward 1:30 with pointed toe, (travel in diagonal) right step behind left, left step forward

5-6 Right side-rock, recover on left to 12:00

7-8 Cross-cross right over left, touch left beside right

FORWARD SHUFFLE, STEP ¼, DRAG-TOUCH, BACK SHUFFLE, BACK, SWEEP-¼ TURN (6:00)

1&2 Left step forward, right step to back of left heel, left step forward

3-4 Right step forward making ¼ left pivot, left drag toe to right in a touch

5&6 Left step back, right step to toe of left, left step back

7-8 Right step behind, sweep left toe in arc (front-to-back) making ¼ turn left with sweep (weight on right)

COASTER BACK, ROCK FORWARD ROCK & CLOSE, SIDE-TOUCH, STEP BEHIND, SIDE-TOUCH, TOUCH BEHIND

1&2 Left step back, close right beside left, step left forward

3&4 Right forward rock, recover left back, close right beside left

5-6 Left touch to left side, step left in back of right

7-8 Right touch to right side, touch right to back of left

RIGHT FULL TUMBLE, 1/8 FORWARD. SHUFFLE, CROSS-ROCK, RECOVER, BIG SIDE 1/8, DRAG-CLOSE

1-2 Step right ¼ right pivoting ½ right (¾ turn completed), step left back pivoting 3/8 right (7:30)

3&4 Step right forward (diagonal), step left to heel of right, step right forward

5-8 Cross-rock left over right, recover right back, big step left 1/8 (squaring body), drag right toe to close

Easier option: counts 1-2 step diagonally right, walk forward left

LEFT FULL TUMBLE, 1/8 FORWARD SHUFFLE, CROSS-ROCK, RECOVER, BIG SIDE 1/8, DRAG-TOUCH

1-2 Step left ¼ left pivoting ½ left (¾ turn completed), step right back pivoting 3/8 left (4:30)

3&4 Step left forward (diagonal), step right to heel of left, step left forward

5-8 Cross-rock right over left, recover left back, big step right 1/8 (squaring body), drag left toe right to touch

Easier option: counts 1-2 step diagonally left, walk forward right

FORWARD SHUFFLE, STEP ¼ PIVOT, DRAG-TOUCH, BACK SHUFFLE, BACK, SWEEP-¼ TURN (12:00)

1&2 Left step forward, right step back side of left, left step forward
3-4 Right step forward making ¼ left pivot, left drag toe to right in a touch
5&6 Left step back, right step back to left toe, left step back
7-8 Right step behind, sweep left toe in arc front-to-back making ¼ turn left with sweep (weight on right)

COASTER BACK, FORWARD ROCK & CLOSE, SIDE-TOUCH, STEP BEHIND, SIDE-TOUCH, STEP BEHIND

1&2 Left step back, close right beside left, step left forward
3&4 Right forward rock, recover left back, close right beside left
5-6 Left touch to left side, step left in back of right
7-8 Right touch to right side, step right to back of left

TAG: Danced only once

FORWARD LOCK-STEP, SWEEP-STEP, SWEEP-STEP, WALK, WALK

1&2 Step left forward, lock-step right back of left (locking ankles), step left forward
3-4 Sweep right in ½ arc to front of left, step right forward of left
5-6 Sweep left in ½ arc to front of right, step left forward of right
7-8 Walk forward right, walk forward left

PART B

RIGHT DIAGONAL SHUFFLE, TOUCH FRONT, SWEEP. LEFT DIAGONAL SHUFFLE, TOUCH FRONT, SWEEP

1&2 Step right diagonally right, step left to side-back of right heel, step right forward
&3-4 Touch left toe in front of right, sweep left toe in a ½ arc to behind right heel, ending toe at back, weight right
5&6 Step left diagonally left, step right to side-back of left heel, step left forward
&7-8 Touch right toe in front of left, sweep right toe in a ½ arc to behind left heel, ending toe at back, weight left

BACK ½ TURNING SHUFFLE, PIVOT ½, RECOVER FORWARD, KICK-BALL, TOUCH, WALK, WALK

1&2 Step right diagonally back (into a ½ right shuffle turn), cross left over right, step right forward completing turn
3-4 Left step forward into a ½ pivot right, recover right forward
5&6 Kick left forward, step left together, touch right toe beside left
7-8 Step right forward, step left forward

Restart, dancing counts 1-80 & the 65-80 part b repeat. Do not include tag

Restart again, dancing counts 1-78. No tag

ENDING: For the ending, only dance Part B once, replacing steps 79-80 with:

7-8 Sweep right toe in small arc around front of left toe, pose in a toe-propped ankle cross, hold pose as music fades
