

Life With You

COPPER **KNOB**
BY STEPHEN

拍数: 64 墙数: 2 级数: Intermediate
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音乐: Life With You - The Proclaimers



Intro - 16-counts

Floor Splits: "Just A Memory", "Ashes Of Love", "Cowboy Strut"

SIDE , BEHIND , ¼ TURN RIGHT ; STEP FORWARD , ½ TURN , STEP FORWARD ; ½ TURN , ¼ TURN

- 1-3 Step to Right on Right, cross-step Left behind Right , turn ¼ Right stepping forward onto Right (3 o'clock)
4-6 Step forward on Left foot , pivot ½ turn to Right (9 o'clock), step forward on Left foot
7-8 Turn ½ Left stepping back onto Right foot (3 o'clock), turn ¼ Left stepping to Left on Left foot (12 o'clock)

CROSS-ROCK , RECOVER , ¼ TURN , BRUSH ; ROCK FORWARD , RECOVER ,STEP BACK , KICK

- 1-2 Cross-rock Right foot over Left , recover weight back onto Left foot
3-4 Turn ¼ Right stepping forward onto Right foot (3 o'clock), brush Left foot forward
5-6 Rock forward on Left foot , recover weight back onto Right foot
7-8 Step back on Left foot , low-kick Right foot forward

ROCK BACK , RECOVER , ¼ TURN , KICK ; BEHIND , SIDE ,CROSS , SWEEP

- 1-2 Rock back on Right foot , recover weight onto Left foot
3-4 Turn ¼ Left stepping Right foot to Right side (12 o'clock), kick Left foot diagonally-forward Left
5-6 Cross-step Left foot behind Right , step to Right on Right foot
7-8 Cross-step Left foot over Right , sweep Right around from back to front (weight remains on Left foot)

CROSS , SIDE , CROSS , HOLD ; LEFT DIAGONAL ROCKING CHAIR

- 1-4 Cross-step Right foot over Left , step to Left on Left foot , cross-step Right foot over Left , hold
5-6 Rock diagonally-forward Left on Left foot , recover weight back onto Right foot
7-8 Rock back Left foot behind Right , recover weight onto Right foot

MAKE ¼ TURN , HOLD ; BUMP , BUMP , BUMP , HOLD ; ¼ TURN , TOUCH

- 1-2 Turn ¼ Left stepping straight forward onto Left foot (facing 9 o'clock , not the diagonal) , hold
3-5 Turn ¼ Left stepping Right foot to Right side bumping hips Right , bump hips to Left , bump hips to Right
6 Hold
7-8 Turn ¼ Left stepping straight forward onto Left foot (3 o'clock), touch Right foot beside Left

MAKE ¼ TURN , TOUCH , STEP LEFT , TOUCH ; AND HEEL , HOLD ; AND KICK ,KICK

- 1-2 Turn ¼ Left stepping to Right on Right foot (12 o'clock) , touch Left foot beside Right
3-4 Step to Left on Left foot , touch Right foot beside Left
&5-6 Small step back on Right foot , touch Left heel forward , hold
&7-8 Step down onto Left foot , kick Right foot forward , kick Right foot forward again

SHUFFLE BACK , ROCK STEP ; TRIPLE ½ TURN , ROCK STEP

- 1&2 Step back on Right foot , step on Left foot beside Right , step back on Right foot
3-4 Rock back on Left foot , recover weight onto Right foot
5&6 Shuffle forward making ½ turn Right stepping on Left-Right-Left (6 o'clock)

7-8 Rock back on Right foot , recover weight onto Left foot

WALK FORWARD , KICK ; WALK BACK , BALL-CROSS

1-4 Step forward on Right foot , step forward on Left foot , step forward on Right foot , kick Left foot forward

5-7 Step back on Left foot , step back on Right foot , step back on Left foot

&8 Step down onto Right foot beside Left , cross-step Left foot over Right

START AGAIN!
