

Rolling On

COPPER KNOB
STEPPERS

拍数: 32 墙数: 4 级数: Improver
编舞者: Sue Marshall (UK) - November 2007
音乐: Rollin' With the Flow - Mark Chesnutt



Or Music: All Things Made New Again by Suzy Bogguss [CD: Most Awesome Linedancing Album Vol. 4]

SIDE ROCK, FORWARD ROCK, BACK STEP/HOOK, ¼ TURN, TOUCH

- 1-2 Rock left to left side, recover onto right
- 3-4 Rock left forward, recover onto right
- 5-6 Step left back, hook right in front of left knee
- 7 Step right forward turning ¼ turn right
- 8 Touch left toe to left side

FIGURE 8 TURN RIGHT WITH SWAYS

- 1-2 Cross left over right, step right to right side
- 3-4 Cross left behind right, turn ¼ right onto right foot
- 5-6 Step forward left, pivot half right moving weight to right foot
- 7 Turn another ¼ right swaying onto left foot
- 8 Sway onto right foot

FIGURE 8 TURN LEFT WITH SWAYS

- 1-2 Step left to left side, cross right behind left
- 3 Step left to left turning ¼ left
- 4-5 Step right forward, pivot half turn left moving weight to left foot
- 6 Turn another ¼ left swaying onto right foot
- 7-8 Sway onto left foot, sway onto right foot

LONG STEP LEFT, SLIDE, ROCK BACK/RECOVER, FULL ROLLING TURN RIGHT, TOUCH

- 1 Step left long step to left side
- 2 Slide right to touch beside left
- 3-4 Rock right back, recover onto left
- 5-6-7 Turn full turn right stepping right, left, right
- 8 Touch left toe beside right instep

Alternative steps for full turn

- 5-6 Step right to right side, step left beside right
- 7 Step right to right side
- 8 Touch left toe beside right instep

REPEAT