

# Release

拍数: 40      墙数: 2      级数: Beginner  
编舞者: Kim Thompson (UK) - August 2007  
音乐: Release (feat. Justin Timberlake) - Timbaland



Intro: 32 counts.

## WALK R, HOLD, WALK L, HOLD, X2

1 - 2      Walk forwards on R, Hold  
3 - 4      Walk forwards on L, Hold  
5 - 6      Walk forwards on R, Hold  
7 - 8      Walk forwards on L, Hold

**\*\*OPTIONAL MOVE- Pull shoulders back on each step\*\***

## SLOW CHASSE R WITH L TOUCH, HITCH & POINT L X2

1 - 2      Step R to R side, Step L besides R  
3 - 4      Step R to R side, Touch L besides R  
5 - 6      Hitch L knee infront of R, Point L to L side  
7 - 8      Hitch L knee infront of R, Point L to L side

## SLOW CHASSE L WITH R TOUCH, HITCH & POINT R X2

1 - 2      Step L to L side, Step R besides L  
3 - 4      Step L to L side, Touch R besides L  
5 - 6      Hitch R knee infront of L, Point R to R side  
7 - 8      Hitch R knee infront of L, Point R to R side

## JAZZ BOX ¼ R X2

1 - 2      Cross R over L, Step back L  
3 - 4      Make a ¼ stepping R to R side, Step L besides R  
5 - 6      Cross R over L, Step back L  
7 - 8      Make a ¼ stepping R to R side, Step L besides R

## R SIDE TOGETHER,

1 - 2      Large step R to R side, Step L besides R  
3&4      Kick forwards on the R, Step slightly back on R, L  
5 - 6      Step forwards R, Pivot ½ over L shoulder  
7 - 8      Step forwards R, Pivot ½ over L shoulder

Begin again.

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