

# Skippin'

拍数: 32      墙数: 2      级数: Improver  
编舞者: Jan Wyllie (AUS) - November 2007  
音乐: My Heart Skips a Beat - Dwight Yoakam : (CD: Dwight Sings Buck)



## SCUFF HITCH STEP BACK, COASTER STEP, SCUFF HITCH STEP BACK, COASTER STEP

- 1&2      Scuff right forward, little hop on left as you hitch right (or just lift left heel up and down), step back on right
- 3&4      Step back on left, step right beside left, step forward on left
- 5&6      Scuff right forward, little hop on left as you hitch right (or just lift left heel up and down), step back on right
- 7&8      Step back on left, step right beside left, step forward on left (coaster)

## STEP LOCK STEP, STEP LOCK STEP, RIGHT CHARLESTON, 1/4 COASTER STEP

- 9&10      Step forward on right, lock/step left behind right, step forward on right
- 11&12      Step forward on left, lock/step right behind left, step forward on left
- 13&14      Touch right toe forward, sweep right back, step back on right (Charleston)
- 15&16      Step back on left making 1/4 left, step right beside left, step forward on left (1/4 coaster)

## HEEL TOE HEEL, ROCK BACK & FORWARD, HEEL TOE HEEL, ROCK BACK & FORWARD

- 17&18      Touch right heel forward, touch right toe across left, touch right heel forward
- 19&20      Rock back on right, rock forward on left, step forward on right
- 21&22      Touch left heel forward, touch left toe across right, touch left heel forward
- 23&24      Rock back on left, rock forward on right, step forward on left

## ROCK FORWARD & BACK, 1/2 SHUFFLE, 1/2 SHUFFLE, 1/4 SHUFFLE

- 25&26      Rock forward on right, rock back on left, step back on right
- 27&28      Making 1/2 left shuffle forward left, right, left
- 29&30      Making 1/2 left shuffle back right, left, right
- 31&32      Making 1/4 left shuffle to left side and step slightly forward on last step

### Harder alternative for the last 4 counts:

- &29      Skip 1/2 (hop on left while turning 1/2 left, step back on right)
- &30      Skip 1/2 (hop on right while turning 1/2 left, step forward on left)
- &31      Skip 1/2 (hop on left while turning 1/2 left, step back on right)
- &32      Skip 1/4 (hop on right while turning 1/4 left, step left to left)

Begin again.