

# Hej Tomtegubbar

拍数: 24      墙数: 1      级数: Contra Beginner  
编舞者: Micaela Svensson Erlandsson (SWE) - November 2007  
音乐: Hej Tomtegubbar - Barnens Julfavoriter : (2005)



Intro 12 counts,

Sequence: A A B B A Tag AA BB A Tag AA BB A

## Section A

### Step, Together, Step x2

- 1-3            Step R forward diagonally to the R , Step L next to R, Step R Diagonally forward.  
4-6            Step L forward diagonally to the L , Step R next to L, Step L Diagonally forward.

### Cross, Unwind, Step, Stomp X2, Hold

- 7-9            Cross R over L, Turn ½ L, Step forward on left.  
10-12        Stomp R, Stomp L, Hold

## Section B

### Toe fans, Claps

- 13-14        Fan Right toes to Right, bring toes back to centre,  
15            Stretch out arms in front of you and clap your hands against the person in front of you.  
16-17        Fan Left toes to Left, bring toes back to centre,  
18            Stretch out arms in front of you and clap your hands against the person in front of you.

### Flicks, Claps

- 19-20        Flick R heel out to R side & touch R heel with R hand, step R foot next to L.  
21            Stretch out arms in front of you and clap your hands against the person in front of you  
22-23        Flick L heel out to L side & touch L heel with L hand, step L foot next to R.  
24            Stretch out arms in front of you and clap your hands against the person in front of you

## Tag

### Clap on legs, Clap hands, Clap to sides

- 1-3            Clap your hands against your thighs, Clap your hands, Put your arms to the sides and clap hands with the persons standing to your left and to your right.  
4-12        Repeat 1-3 of tag.

**NB. There is a brief pause of the music after the second part of the B sections.  
Simply wait (about 2 counts) for the music to continue and carry on with section A.**

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