

Island Of Love

COPPER KNOB
BY STEPHEN

拍数: 32 墙数: 2 级数: Absolute Beginner
编舞者: Irene Groundwater (CAN) - November 2007
音乐: Island of Love - Elvis Presley : (CD: Blue Hawaii Soundtrack)



DIAGONAL FORWARD, TOGETHER, DIAGONAL FORWARD, TOUCH, SIDE, TOUCH, SIDE, TOUCH

1-2 Right diagonal forward, step left beside right
3-4 Right diagonal forward, touch left ball beside right instep
5-6-7-8 Side step left, touch right ball beside left instep, side step right, touch left ball to left

Option:

On count 1, stretch hands forward palms down towards the right, right hand leading, body turned slightly left.

On count 2, close hands still forward.

On count 3, open hands palm down. On count 4, close hands

Option: circle hips hula fashion on touch and side steps, hands extended out to sides waist high.

Ultra beginner option: on counts 5-6-7-8, sway left, hold, sway right, hold

FORWARD, TOGETHER, FORWARD, TOUCH, SIDE, TOUCH, SIDE, TOUCH

1-2 Left diagonal forward, step right beside left
3-4 Left diagonal forward, touch right ball beside left instep
5-6-7-8 Side step right, touch left ball beside right, side step left, touch right ball beside left instep

Option:

On count 1, stretch hands diagonally forward palms down towards the left, left hand leading, body turned slightly right.

On count 2, close hands still forward.

On count 3, open hands palm down.

On count 4, close hands.

Option: circle hips hula fashion on touch and side steps, hands extended out to sides waist high

Ultra beginner option: on counts 5-6-7-8, sway right, hold, sway left, hold

FORWARD, HOLD, ¼ TURN LEFT, HOLD, FORWARD, HOLD, ¼ TURN LEFT, HOLD

1-2-3-4 Right forward, hold, pivot ¼ turn left onto left, hold
5-6-7-8 Right forward, hold, pivot ¼ turn left onto left, hold

Option: on counts 1 and 5, sway hips right. On counts 3 and 7, sway hips left, hands out to sides waist high

SIDE, TOGETHER, SIDE, TOUCH, SIDE, TOGETHER, SIDE, TOUCH

1-2 Side step right, step left beside right
3-4 Side step right, touch left ball beside right instep
5-6 Side step left, step right beside left
7-8 Side step left, touch right ball beside left instep

Option: on count 1, stretch hands to the right palms down. On counts 2-4, with arms in same position, close, open, and close hands. On counts 5-8, repeat above hand movements in opposite direction.

Begin again.

You can make this into a 4 wall dance by turning ¼ turn right on count 29 as you side step left