

Against The Wind

COPPER KNOB
BY STEPHEN METZ

拍数: 24 墙数: 4 级数: Beginner
编舞者: Kenneth Nilsson (SWE) - August 2007
音乐: Against The Wind - John English : (Album: Against The Wind Soundtrack, 1978)



There is no intro so the dance starts directly

FORWARD, POINT, HOLD, BACK, POINT, HOLD

1 – 3 Step forward on left, Point right to right side, Hold
4 – 6 Step back on right, Point left to left side, Hold

FORWARD ¼ TURN LEFT, STEP, STEP, CROSS, 1/4 TURN RIGHT, 1/4 TURN RIGHT

1 – 3 Make ¼ turn left as you step forward on left, Step right in place, Step left in place
4 – 6 Step right in front of left, Turn ¼ right stepping back on right, Turn ¼ right stepping right to right side

CROSS ROCK, SIDE, CROSS, 1/4 TURN RIGHT, 1/4 TURN RIGHT

1 – 3 Cross rock left over of right, Recover on right, Step left to left side
4 – 6 Step right in front of left, Turn ¼ right stepping back on right, Turn ¼ right stepping right to right side

CROSS ROCK, SIDE, CROSS, RONDE ½ TURN RIGHT

1 – 3 Cross rock left over of right, Recover on right, Step left to left side
4 Cross right over left
5 – 6 Make ½ right sweeping left out and around to touch beside right

Begin again

Please note:

There is a break in the music after wall 3, just hold and wait and continue when the music does.
