

# Cruisin' Cha

拍数: 32      墙数: 4      级数: Beginner  
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音乐: This Time I'm Takin' My Time - Neal McCoy



Intro: 32 counts

## Step, Cross Rock, Recover, Side Shuffle, Rock, Recover, Lockstep Forward

1-2-3      Step right to right side, Cross left over right, Recover  
4&5      Step left to left side, Close right next to left, Step left to left side  
6-7      Rock right behind left, Recover  
8&1      Step right forward, Lock left behind right, Step right forward

## Step, ¼ Turn, Cross Shuffle, ¾ Turn, Lockstep Forward

2-3      Step left forward, ¼ right (weight on right)  
4&5      Cross left over right, Step right to right side, Cross left over right  
6-7      ¼ turn left step back on right, ½ turn left step forward on left  
8&1      Step right forward, Lock left behind right, Step right forward

## Rock, Recover, Coaster Step, Lockstep Forward, Step, ½ Turn Step Back, Touch

2-3      Rock left forward, Recover  
4&5      Step left back, Close right next to left, Step left forward  
6&7      Step right forward, Lock left behind right, Step right forward  
8&1      Step left forward, ½ turn right on ball of right step back on right, Touch left in front of right

## Walk, Walk, ¼ Turn Side Shuffle, Cross Rock, Recover, Side Shuffle

2-3      Walk forward left, Walk forward right  
4&5      ¼ Turn right step left to left side, Close right next to left, Step left to left side  
6-7      Cross right behind left, Recover\*  
8&-1      Step right to right side, Close left next to right, Step right to right side(=1st step)

### •Intermediate option

### Two syncopated sailor steps

6&7      Cross right behind left, Step left to left side, Step right to right side  
&8& - 1      Cross left behind right, Step right to right side, Step left to left side

Start again and let the music touch your soul

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