

Party Down

拍数: 32 墙数: 4 级数: Improver
编舞者: Sebastiaan Holtland (NL) - November 2007
音乐: Party Down - Rick Tippe



Start the dance at facing 12 O Clock, Intro: 40 Count

SWING KICKS FWD, KICK KICK, BIG STEP BACK, 1/4 TURN DRAG, SAILOR CROSS

- 1&2& Kick Rf forward, step Rf back in center, kick Lf forward, step Lf back in center (12:00)
3-4 Kick Rf forward 2x, weight onto Lf
&5-6 Rf Make a big step back, make drag with your Lf and turn 1/4 right, take weight onto Rf and close your Lf next Rf (3:00)
7&8 Cross Rf behind Lf, step Lf to the left, step Rf across Lf weight onto both feet (3:00)

FULL SWEEP TURN, SYNCOPATED WEAVE WITH A 1/4 TURN, TOUCH, HOLD

- 1-2-3&4 Rf + Lf turning full left, sweeping Lf from front to back, cross Lf behind Rf, step Rf to the right, step Lf across Rf weight onto Lf (3:00)
&5&6 Step Rf to the right, cross Lf behind Rf, step Rf forward with 1/4 turn right, step Lf forward weight onto Lf (6:00)
7-8 Touch Rf next to Lf, Hold, weight onto Lf (6:00)

ROCK / RECOVER, 1/2 LOCK SHUFFLE TURN FWD, 1/2 TRIPLE TURN BACK, ROCK /RECOVER

- 1-2-3-4 Kick Rf forward,
3&4 Step Rf forward with 1/2 right, lock Lf behind Rf, step Rf forward (12:00)
5&6 Step Lf back with 1/2 turn right, close Rf in front of Lf, step Lf back, weight onto Lf (6:00)
7-8 Step Rf back, Lf recover, weight onto Lf (6:00)

KICK, BOOGIE WALKS FWD, 1/4 TURN, JUMP TOUCH HOLD, JUMP TOUCH HOLD

- 1-2-3-4 Kick Rf forward, move your free legs by lifting your hip and stepping forward in 4 counts, and ending with your weight onto Lf (boogie walks fwd) (6:00)
&5-6 Jump Rf to the right with 1/4 turn right, touch Lf next to Rf Hold, weight onto Rf (3:00)
&7-8 Jump Lf to the left, touch Rf next to Lf Hold, weight onto Lf (3:00)

REPEAT THE DANCE AND HAVE FUN
