

Such a Perfect Day

COPPERKNOB
STEPSHEETS

拍数: 96 墙数: 2 级数: Advanced Waltz
编舞者: Luke Watson (AUS) - January 2007
音乐: Perfect Day - Lou Reed



Rock, Hold, Hold, Step left, Step behind, Step to side

1,2,3 Rock R to R side, Hold for 2 counts
4,5,6 Step L to L side, Cross R behind L, Step L to L side

Step R to R, Drag L to R, Sweep L behind, ½ turn L, Step fwd L

1,2,3 Step R to R, Drag L in front of R for 2 counts
4,5,6 Sweep L behind R making a ½ turn L, stepping fwd onto L

Step R fwd, Sweep L in front of R, Cross, Side, Behind

1,2,3 Step R fwd, Sweep L in front of R for 2 counts
4,5,6 Step L in front of R, Step R to R, Cross L behind R

Step R, Drag L, Roll L 450 deg

1,2,3 Step R to R, Drag L beside R for 2 counts
4,5,6 Roll 450 deg L, Stepping L, R, L

1-12 Repeat the Last 12 counts

Rock fwd, Hold, Hold, Basic Waltz Back on L

1,2,3 Rock Fwd on R, Hold, Hold
4,5,6 Step Back on L, Step R beside L, Step L beside R

Coaster Back, ¼ turn L, Cross Shuffle

1,2,3 Step Back on R, Step L beside R, Step R fwd
4,5,6 Making a ¼ turn L cross L in front of R, Step R to R, Cross L in front of R

Step R, Drag L together, 1/4 turn L, Hold, Basic waltz fwd turning to 5 o'clock

1,2,3 Step R to R, Drag L beside R making ¼ turn L, Hold
4,5,6 Step fwd on L, Step R beside L turning 45 deg L, Step L beside R (now facing 5 o'clock)

Waltz fwd on R facing 5 O'clock wall turning to 7 O'clock wall Waltz fwd on L facing 7 O'clock wall turning to 5 O'clock wall

1,2,3 Step fwd on R (facing 5 O'clock), Step L beside R turning 90 deg R, Step L beside R (now facing 7 O'clock)
4,5,6 Step fwd on L (facing 7 O'clock), Step R beside L turning 90 deg L. Step R beside L (now facing 5 O'clock)

Step fwd on R facing 5 O'clock, Drag, Hold, Step back L, Cross, Unwind 540 deg L

1,2,3 Step fwd on R still facing 5 O'clock, Drag L beside R, Hold
4,5,6 Step back on L, Cross R in front of L, Unwind 540 deg L (now facing 11 O'clock)

On Wall 2: finishing with weight on R##

Waltz fwd L, Step back R, Drag L, Hold

1,2,3 Step fwd on L, Step R beside L, Step L beside R (still facing 11 O'clock)
4,5,6 Step Back on R, Drag L beside R (Straighten up to 9 O'clock), Hold

Cross, Drag, Step, Twinkle

1,2,3 Cross L in front of R, Drag R beside L, Step R beside L

4,5,6 Cross L in front of R, Rock R to R, Rock L to L

Cross, Drag, Step, Twinkle ¼ turn R

1,2,3 Cross R in front of L, Drag L beside R, Step L beside R

4,5,6 Cross R in front of L, Rock L to L, Rock fwd onto R making ¼ turn R

Lock, Step fwd 45 deg, Step fwd, Lock, Step fwd 45 deg, Step fwd

1,2,3 Lock L behind R, Step fwd R 45 deg R, Step fwd L

4,5,6 Lock R behind L, Step fwd L 45 deg L, Step fwd R

Lock, Step fwd 45 deg, Step fwd, Cross behind, Unwind 180 deg R, Hold

1,2,3 Lock L behind R, Step fwd R 45 deg R, Step fwd L

4,5,6 Cross R behind L, Unwind 180 deg R (keep weight on L), Hold

Choreographers Note:

There is a restart on wall 2 (##) instead of doing the full 540 deg turn

Step back on L, Cross R in front of L, Unwind to 12 O'clock wall and Restart dance.

Enjoy!
