

Drown Me

拍数: 64 墙数: 2 级数: Intermediate
编舞者: Rep Ghazali (SCO) - November 2007
音乐: Drown Me - Trisha Yearwood : (Album: Trisha Yearwood)



Intro: 16 Counts.

(1-8) LEFT FORWARD-TOUCH, SHUFFLE BACK, STEP-TOUCH, FULL TURN

1-2 step forward Left, touch Right behind left
3&4 step back Right, step Left together, step back Right
5-6 step Left to Left side, touch Right together
7-8 full turn Right stepping Right-Left travelling to Right side (12)

(easier option: step Right to Right side, step Left across Right)

(9-16) FORWARD-TOUCH, SHUFFLE BACK, ¼ TURN-TOUCH, SHUFFLE FORWARD

1-2 step forward Right, touch Left behind Right
3&4 step back Left, step Right together, step back Left
5-6 ¼ turn Right stepping Right to Right side, touch Left together (3)
7&8 step forward Left, step Right together, step forward Left

(17-24) STEP-½ PIVOT, STEP-KICK, CROSS-SIDE, BEHIND-POINT

1-2 step forward Right, ½ pivot turn Left (9)
3-4 step forward Right, kick Left forward
5-6 cross Left over Right, step Right to Right side
7-8 step Left behind Right, point Right to Right side (9)

(25-32) ¼ MONTOREY TURN-TOUCH, ¼ TURN-SCUFF, SHUFFLE FORWARD, SHUFFLE FORWARD

1-2 ¼ turn Right stepping Right beside Left, touch Left together (12)
3-4 ¼ turn Left stepping forward Left, scuff Right beside Left (9)
5&6 step forward Right, step Left together, step forward Right
7&8 step forward Left, step Right together, step forward Left (9)

(33-40) HEEL GRIND, ¼ TURN HEEL GRIND, HEEL GRIND, ¼ TURN HEEL GRIND

1-2 touch Right heel across Left and grind (moving toe Left to Right), step Right in front of Left
3-4 touch Left heel to Left side and grind (moving toe Right to Left), ¼ turn Left stepping forward Left (6)
5-6 touch Right heel across Left and grind (moving toe Left to Right), step Right in front of Left
7-8 touch Left heel to Left side and grind (moving toe Right to Left), ¼ turn Left stepping forward Left (3)

(41-48) STEP-¼ PIVOT, CROSS SHUFFLE, ¼ TURN-¼ TURN, CROSS-SHUFFLE

1-2 step forward Right, ¼ pivot turn Left (12)
3&4 cross Right over Left, step Left to Left side, cross Right over Left
5-6 ¼ turn Right stepping back Left, ¼ turn Right stepping Right to Right side (6)
7&8 cross Left over Right, step Right to Right side, cross Left over Right (6)

(49-56) SIDE-TOGETHER, SHUFFLE FORWARD, SIDE-TOGETHER, SHUFFLE BACK

1-2 step Right to Right side, step Left together (6)
3&4 step forward Right, step Left together, step forward Left
5-6 step Left to Left side, step Right together
7&8 step back Left, step Right together, step back Left (6)

(57-64) BACK TOE STRUTS, ROCK BACK-RECOVER, SHUFFLE FORWARD

1-2 Right toe touch back, drop Right heel on the floor (6)
3-4 Left toe touch back, drop Right heel on the floor
5-6 rock back Right, recover on Left
7&8 step forward Right, step Left together, step forward Right (6)
(optional step 7&8: triple full turn Left by stepping forward Right-Left-Right)

Begin again.

TAG: AT THE END OF 2ND WALL

(1-8) FORWARD TOE STRUTS

1-4 Left forward toe strut, Right forward toe strut

5-8 Left forward toe strut, Right forward toe strut

(optional styling: do the toe struts as if you were drowning.....)
