

# Loud And Proud

**COPPER KNOB**  
STEPPERS

拍数: 48      墙数: 4      级数: Beginner  
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音乐: Play It Loud - Big & Rich



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## SUGAR FOOT, TRIPLE IN PLACE TWICE

1-2-3&4      Touch right toe next to left foot, touch right heel next to left foot, step in place right, left, right  
5-6-7&8      Touch left toe next to right foot, touch left heel next to right foot, step in place left, right, left

## WALK FORWARD, BACK, ¼ TURN LEFT

1-2-3-4      Walk forward right, left, right, kick left  
5-6-7-8      Walk back left, right, turn ¼ left stepping left, touch right

## STOMPING SHUFFLES, 3 CLAPS TWICE

1&2-3&4      Shuffle forward at slight angle right, right, left, right. 3 claps  
5&6-7&8      Shuffle forward at slight angle left, left, right, left. 3 claps

## ROCK STEP, ½ TURN SHUFFLE, FUNKY KNEES

1-2-3&4      Rock forward right recover left, turn ½ right stepping right, left, right  
5&6      Step forward at slight angle left turning knee out, in, out  
7&8      Step forward at slight angle right turning knee out, in, out

## FORWARD SIDE STEP LEFT, RIGHT, SHUFFLE, 3 CLAPS, BODY ROLL

1-2-3&4      Forward side step left, right, shuffle forward left, right, left  
5&6-7-8      3 Claps, body roll ending on right foot

## FORWARD SIDE STEP LEFT, RIGHT, SHUFFLE, 3 CLAPS, BODY ROLL

1-2-3&4      Forward side step left, right, shuffle forward left, right, left  
5&6-7-8      Three claps, body roll ending on left foot

**Begin again**

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