

Take Me Home

COPPER KNOB
BY STEPHEN METZ

拍数: 32 墙数: 4 级数: Intermediate
编舞者: Donna-Marie Yates (UK) - November 2007
音乐: Country Roads - Hermes House Band



(1-8) Kick ball cross with ¼ turn step / kick ball cross with ¼ turn step

- 1 Kick right foot forward
- & Place right foot in place next to left
- 2 Crossing left foot over right, step into a ¼ turn to the left
- 3 Place right foot next to the left
- 4 Tap left heel once in place
- 5 Kick left foot forward
- & Place left foot in place next to right
- 6 Crossing right foot over left, step into a ¼ turn to the right
- 7 Place left foot next to the right
- 8 Tap right heel once in place

(9-16) Kick ball change / toe strut / hitch and point

- 1&2 Right kick ball change
- 3 Point right toe to the right side
- 4 Tap left heel down without weight
- 5 Hitch the right knee
- & Place right foot next to the left
- 6 Point left toe to the left side
- 7 Turn 1/8 turn tapping the left heel
- 8 Turn 1/8 turn tapping the left heel

(17-24) Shuffle / ½ turn / shuffle / ½ turn

- 1&2 Right shuffle forward
- 3-4 Step ½ turn to the right
- 5&6 Left shuffle forward
- 7-8 Step ½ turn to the left

(25-32) Mambo / walk back / coaster step / walk forward

- 1&2 Right mambo step forward
- 3-4 Walk back two steps
- 5&6 Right coaster step
- 7-8 Walk forward two steps

Begin Again and Enjoy

In the middle the music will slow down. Slow down the dance with the music.

To end this dance: Dance section 1 then repeat and slow as the music does.