Walking In Memphis



编舞者: Christopher Steele (UK) - November 2007

音乐: Walking In Memphis - Lonestar



Intro: 16 counts.

Walk, Walk, Step Pivot 1/4 Turn, Sailor Step, Behind Unwind.

1-2 walk forward on right foot, walk forward on left foot.

3-4 step forward on right foot, pivot 1/4 turn left.

step right behind left, step left to left side, step right to right side.

7-8 lock left behind right, unwind 1/2 turn turning left.

Kick Ball Change, Step Pivot 1/4 Turn, Cross Shuffle, 1/4 Turn, 1/4 Turn.

1&2 kick right foot forward, step right foot back as you lift left foot off the ground, replace left foot

3-4 step forward on right foot, pivot 1/4 turn left.

5&6 cross right over left, step left to left side, cross right over left.

7-8 1/4 right stepping back on left, 1/4 turn right stepping forward on right.

Cross Rock Recover, Big Slide & Rock Recover, Back, Touch

1-2 rock crossing left over right, recover onto right.

3-4 take big step left to left side, slide right foot in beside left (leave weight on left foot)

&5-6 step right foot back, rock forward on left foot, recover onto right

7-8 step back on left foot, touch right to right side.

Sailor Step, Sailor Step, Step 1/2 Turn, Step 1/2 Turn

step right behind left, step left to left side, step right to right side. step left behind right, step right to right side, step left to left side.

5-6 step right foot forward, pivot 1/2 turn turning left.

7-8 repeat counts 5-6.

Begin again.

TAG Note: Before the tag occurs the pace of the music changes but it is essential that you keep the fast pace of the dance going, otherwise the dance the tag and the 2nd restart will be completely out of time.

Tag: 16 counts. This tag occurs at the beginning of wall 10.

1-2 rock forward on right foot.3-4 recover onto left foot.

5-6 1/2 turn right stepping forward on right.

7-8 step forward on left foot.

9-10 rock 1/2 turn turning left stepping back on right.

11-12 recover onto left foot.

13-14 1/2 turn left stepping back on right.15-16 1/2 turn left stepping forward on left.

Start again from the beginning

Restarts:

First restart occurs on wall 4 after counts 1-12.

Second restart occurs on wall 12 after counts 1-16

(on this restart after count 16, a small '&' step is required on the left foot to be able to start dance on the right foot).

