

# Chelsea Rodgers

拍数: 32      墙数: 4      级数: Intermediate  
编舞者: Hillary Kurt (UK) & Gary Steele (UK) - September 2007  
音乐: Chelsea Rodgers - Prince : (Album: Planet Earth)



**Intro: Count 32 beats after the phrase "Role Model", then start the dance.**

## **Section 1 - Step Hitch, Sailor Step, Swivel ¼ Right, Sailor Step.**

1-2            Step right to right side, hitch left knee up and out to left side.  
3&4           Step left behind right, step right to right side, step left to left side.  
5&6           Swivel heels left, right, left; making a ¼ turn right. Weight ends up on left.  
7&8           Step right behind left, step left to left side, step right to right side.

## **Section 2 - Funky Walks With Knee Rolls, Jump Out & Backwards x2, Heel Bounce x2.**

1-4            Walking forward left, right, left, right. As you walk, roll knees in and out, left and right.  
&5&6          Travelling backwards, jump out stepping left, right x2.  
7-8            Bounce heels x2 ending with weight on left.

## **Section 3 - Heel Push x2 & Point & Cross, Bounce x2 ½ Left, Back Rock Scuff.**

1-2            Raise and push right heel diagonally across left twice.  
&3&4          Step right to right side, point left to left side, step down on left, cross right over left.  
5-6            Bounce heels twice for a ½ turn over left shoulder, ending with weight on right.  
7&8            Rock back onto left, recover weight onto right, scuff left forward.

## **Section 4 - Hip Bumps x2, Forward Mambo, Back Rock Scuff.**

1-2            Placing left to left side, bump hips left x2.  
3-4            Bump hips right x2.  
5&6            Rock left forward, recover onto right, step left next to right.  
7&8            Rock back onto right, recover onto left, scuff right forward.

**Begin again**

**Fade music out when exhaustion sets in!**

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