

Small Apology

拍数: 32 墙数: 2 级数: Beginner Intermediate
编舞者: Michael Lynn (UK) - November 2007
音乐: Apologize (feat. OneRepublic) - Timbaland : (Album: Shock Treatment)



Intro: 16 counts

RIGHT SIDE STEP, ROCK RECOVER, LEFT SIDE STEP, ¼ TURN RIGHT, ROCK RECOVER, ½ MEMORY TURN, ¼ TURN

1-2& Large step right to right side, cross rock left behind right, recover right,
3-4& Large step left to left side, ¼ turn right cross rocking right behind left, recover left,
5-6& Step forward right, pivot ½ turn right, step forward right,
7-8& Step forward left, step forward right pivot ½ turn left, step left ¼ left.

SWAYS, CHASSE RIGHT, LEFT CROSS ROCK/TOE, CHASSE LEFT

1-2 Step right to right side while swaying right, left,
3&4 Step right to right side, close left beside right, step right to right side,
5&6 Cross left over right, touch right toe behind left, step back right,
7&8 Step left to left side, close right beside left, step left to left side.

ROCK, ¼ TURN, ROCK, ½ TURN, ROCK, ¼ TURN, ROCK, ½ TURN

1&2 Rock forward right, recover left, ¼ turn right stepping forward onto right,
3&4 Rock forward left, recover right, ½ turn left stepping forward onto left,
5&6 Rock forward right, recover left, ¼ turn right stepping forward onto right,
7&8 Rock forward left, recover right, ½ turn left stepping forward onto left.

RESTART: Dance upto here on wall 2, restart dance.

STEP, TOUCH, STEP, SWEEP, WEAVE LEFT, ROCK & CROSS, PRISSY WALKS x2

1&2 Small step forward right, touch left toe behind right, step back left,
3&4 Sweep right behind left, step left to left side, cross right over left,
5&6 Rock left to left side, recover right, cross left over right,
7-8 Cross walk right over left, cross walk left over right.

TAG (Danced after wall 5)

PRISSY WALKS x2

1-2 Cross walk right over left, cross walk left over right.

CHOREOGRAPHER'S NOTE: I wrote this dance as an improver nightclub 2-step.

There are not many easy nightclubs out there and the only reason this is labelled as lower intermediate is due to the tag and restart.