Good To Be Us

拍数: 32   **墙数:** 4   **级数:** Upper Beginner

编舞者: Gary Parker (AUS) & Cheryl Parker (AUS) - October 2007

音乐: It's Good To Be Us - Bucky Covington : (Album: Bucky Covington)

BEGINS AFTER 24 COUNTS

SIDE SHUFFLE, R.L.R. ROCK, REPLACE, SIDE SHUFFLE L.R.L. ROCK, REPLACE

1&234	Side shuffle to the Right, R.L.R, rock behind with Left, replace weight Right
5&678	Side shuffle to the Left, L.R.L, rock behind with Right, replace weight Left

WALK FORWARD R.L.R KICK, WALK BACK L.R.L,TOUCH

1234	Walk forward R.L.R. kick Left fwd,
5678	Walk back L.R.L, touch Right beside Left

CROSS TOUCH,CROSS TOUCH, R.L.R, SAILOR STEP, L.R.L. SAILOR STEP

1234	Step Right across Left, touch Left to Left side, step Left across Right, touch Right to Right side
5&67&8	Right sailor step, R.L.R. Left sailor step, L.R.L

STEP 1/4 PIVOT ,CROSS, SIDE, BEHIND, SIDE, CROSS, SIDE (EXTENDED FREEZE)

1234	Step fwd Right 1/4 pivot Left , weight on Left, cross Right over Left, step Left to Left side
5678	Step Right behind Left, step Left to Left side, cross Right over Left, step Left to Left side

Begin again

RESTART - ON THE 4TH WALL FACING 3.00. DO THE FIRST 16 COUNTS THEN RESTART.

THIS DANCE WAS CHOREOGRAPHED AS AN EASIER UPPER BEGINNER DANCE AS A SPLIT FLOOR TO DO WITH IT`S GOOD TO BE US.