

Way Back When

COPPER KNOB
STEPPERS

拍数: 32 墙数: 2 级数: Intermediate
编舞者: Moses Bourasa Jr. (USA) & Barbara Frechette (USA) - October 2007
音乐: How Did It Come To This - Brushwood



Also:

Keeping My Distance by Martina McBride (124 bpm)

Oughta Be a Law by Leroy Parnell (137 bpm)

Start on vocals for all songs

HEEL TOUCHES, HEEL HOOKS, FORWARD SHUFFLE, FORWARD STEP, ½ TURN TO LEFT

1-2 Touch left heel forward, hook left heel in front of right
3-4 Repeat steps 1-2
5&6 Shuffle forward left, right, left
7-8 Step forward with right, step left making ½ turn to the left

HEEL TOUCHES, HEEL HOOKS, FORWARD SHUFFLE, FORWARD STEP, ½ TURN TO RIGHT

1-2 Touch right heel forward, hook right heel in front of left
3-4 Repeat steps 1-2
5&6 Shuffle forward right, left, right
7-8 Step forward on left, step right making ½ turn to the right

ROCK STEPS, RECOVER STEPS, SAILOR SHUFFLE, MODIFIED SAILOR SHUFFLE WITH ¼ TURN TO RIGHT

1-2 Rock left to left side, recover on right
3&4 Step left behind right, step right to right side, cross left over right
5-6 Rock right to right side, recover on left
7& Step right behind left making ¼ turn to the right, step left back
8 Step forward on right

FORWARD STEP, ½ TURN TO THE RIGHT, SHUFFLE TURNING ½ TO THE RIGHT, ROCK STEP, RECOVER STEP, SHUFFLE TURNING ¾ TO LEFT

1-2 Step forward on left, step right making ½ turn to the right
3& Step left making ¼ turn to the right, step right making ¼ turn to the right
4 Step left back
5-6 Rock right back, recover on left
7&8 Step forward on right making ¼ turn to the left, step forward on left making ¼ turn to the left, step forward on right making ¼ turn to the left

Begin again.